

THE HORSE'S VOICE

LETTER FROM THE PRESIDENT

Message from Chauntel

This is an excerpt from CMVHR Barn Manager and Trainer, Chauntel Gilliland's interview for the documentary made by our summer intern, Kat Pollan (page 6):

"I love working with horses. This is absolutely my dream job. My favorite thing besides that is honestly the human relationships I've made here. The part of the mission that is really important to me and that has made the biggest impact on my life is the human relationships that I've formed with our volunteers, the 4-H club that I run — *I love all my 4-H kids* — and the level of joy we can bring to people who don't have that joy available to them in the rest of their lives.

"The ARC outreach program we do [for developmentally disabled adults] — I love it when those guys come and they help out so they feel really empowered, and just how happy they are when they get to be around horses.

"That's just the coolest part for me."

HOPE—CHANGE—IMPACT

Since 2003, our donors have been helping bring hope, change and enduring, positive impact to horses, kids and communities. This issue of our bi-annual newsletter, *The Horse's Voice*, is photo-rich and light on text, by design. The idiom "a photo is worth one thousand words" holds true for our work. Before-and-after photos of horses show dramatic changes, and the smiles and joy our donors bring to the faces of kids, adoptive parents and those who are empowered by the healing power of the horse are undeniable.

Thanks to our supporters, CMVHR has helped hundreds of horses find happy new beginnings. Recent adoptions are celebrated on page 2. A snapshot of the impact donors have on kids and communities is illustrated on pages 3 & 4.

Through community outreach programs, the horses in our care often transform from the rescued to the rescuers. [#whoissavingwho](#) is the hashtag that our intern, Kat Pollan, created during her six weeks with us this summer to shoot and edit a documentary about CMVHR, titled *Saving Horses, Healing Hearts* (page 6). Kat's project was approved



"Is this what love looks like? "

Photo/Caption: Donna Moses (Lydia's mom): adopted Spartacus

by Oregon State University and qualified for course credit toward her degree in digital communications. We are proud to share that Kat earned an A for her work.

Kat recapped her internship experience like this: "How incredible my summer was. I really did have the best co-workers a girl could have asked for — both two legged and four legged. It was hard to leave after the final day of filming. I'm happy with what I accomplished and I'm beyond pleased that Ed, Nancy and Chauntel are happy with the final project. It was a lot of work. I completed the objective, I got an A, and I have the memories of a summer to last me a lifetime."

Internships, education and outreach programs are an integral part of our mission. Chauntel, who joined us in 2016 as our first-ever paid position — *thanks to the generosity of an anonymous donor* — continues to help expand our reach. The impact of Chauntel's work with youth volunteers, horses, developmentally disabled adults and her 4-H program leadership are highlighted in the following pages.

Lastly, it is with humility and gratitude that Nancy and I share that we received the Local Philanthropic Heroes Award (page 4). Our donors make it all possible. **Thank you.**

Edward Mrozik

IMPACT: HORSES (ADOPTIONS)

Hawkeye was adopted by our friend Juliet. Juliet became a friend when she adopted Big Red (2003) and Sundance (2005). She gave Red and Sundance the best years of their lives after we rescued them from slaughter. Big Red was a descendant of Man O'War and in near death condition when we outbid meat buyers to save him. Sundance Kid was rescued with her friend Butch Cassidy. We gave them their names when we sprung them from the slaughter auction and secured their fate. Juliet gave

Red and Sundance everything a horse could ever dream of having. Both have since passed over the rainbow bridge from natural causes after living wonderfully long lives filled with unconditional love from Juliet and family.



After giving herself time to mourn the loss of her equine loves after caring for them for more than a dozen years, Juliet opened her heart and her home for Hawkeye. We couldn't be happier for them.



Spartacus (right two photos): Two all-American girls who've never met plus one mini-horse equal humanity and compassion at their finest. This summer, we hosted Out and About Day, a DayHab program for Mountain Lake Services (MLS), whose mission is "to enrich the lives of people with developmental disabilities, their families and our communities". After DayHab, we delivered Spartacus to his new, forever home with 11-year-old-Lydia. These two events happening on the same day is where the magic happened.

When we told the DayHab group that Spartacus was going to a new home, there were mixed emotions of sadness for not seeing him again and happiness for his new life. After chores, Vicky, one of the MLS residents said she wanted to get Spartacus "prettied up and brushed" for his new mom. *Melt our hearts. She did just that.*

When we delivered Spartacus that evening, we told Lydia and her family what Vicky had done. They were as moved as we were. It was when we shared the photos of Vicky brushing Spartacus with them that we realized Vicky and Lydia were both "all-American girls". Vicky's shirt had a glittering heart-shaped flag. Lydia's was red-white-and blue with the words; "All-American Girl". A magic moment united two amazing ladies and one miniature horse.



Above: Vicky gets Spartacus "prettied up and brushed".



Above: Spartacus at his new home with adoptive mom, Lydia.

IMPACT: KIDS



Right: Volunteers Quincy and Lydia represent CMVHR and the Equi-Riders 4-H Club in the Essex County parade.



Below: Camp Poko-MacCready kids with Apollo during a field trip CMVHR.

Above and below: Lydia Moses, 11-year-old volunteer extraordinaire, was born and raised in North Hudson. In her words: "Kindergarten was just not working for me." Lydia's true passion for horses brought her to CMVHR. Through homeschooling she can spend one day a week at our farm picking up manure, learning how to keep CMVHR records and shadowing veterinarians as they do surgery on the horses. As a result she learned the hefty cost of owning horses. This realization motivated her to create Buck\$ 4 Bale\$, a fundraising campaign to buy bales of hay for the rescue. Lydia's efforts so far have helped purchase nearly 3 tons of hay, and counting! [some \$1,600 for 6 weeks]

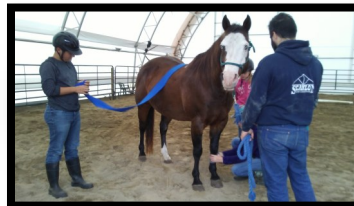


For her campaign, Lydia set up a booth at the Schroon Lake 4th of July parade and teamed up with the Hay family to enter a float – which won 2nd place (page 4)! Lydia also set up booths at other events including Cycle Adirondacks, for which she held car keys for cyclists at the parking area in exchange for a donation to her cause.

To top it off, Lydia adopted Spartacus (page 2). Lydia and her parents, who encourage and support her, inspire us every day with their commitment, energy and the joy they bring to others.



Above: Ten year-old twins Lila and Evan Zalucky deliver fly-spray, deworming medication, apples, carrots and a training surcingle during a visit to the farm. Lila asked for presents for the horses and a donation to CMVHR in lieu of a birthday party. How inspiring is that!?!



Above: 4-H Club member, Eben Dorr raised \$70 for CMVHR by selling hand-made postcards with his original artwork!



Right: Equi-Riders 4-H Club, with leaders Chauntel and Laura, make a banner for the Essex County parade during a 4-H meeting at CMVHR. The 4-H banner is under ours in the top right photo.



IMPACT: COMMUNITIES



Above: Equi-Riders 4-H Club members learn about equine leg protection with Rebel and Grey. CMVHR is the 4-H host site and Barn Manager, Chauntel is a 4-H leader.

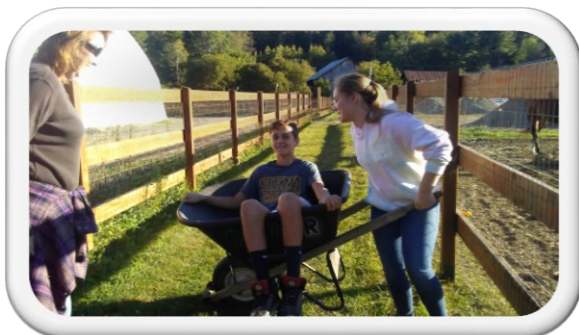


Above: Eddie and Nancy were honored to receive the Local Philanthropic Heroes Award from the Adirondack Foundation during their 20th anniversary celebration. The award letter read: "You are people who inspire by embodying generosity by making contributions to community and a way of life, through giving, volunteering and leading. Thank you for all you do to make life better."

Your friends at Adirondack Foundation



Above two photos and middle left: Jeff (hugging Bijou) from Mountain Lakes Services (MLS) has been volunteering at CMVHR for three years. In addition to helping with chores, Jeff organizes DayHab programs at the farm for other residents of MLS. The above photos and middle left (left to right) are Mikey, Brandon, Jeff, AJ, Chauntel and Jeff doing chores, lovin' horses and feeling empowered.



Above: "Our thanks to Crane Mountain Valley Horse Rescue for giving two of our Essex County, NY youth the opportunity to volunteer by helping care for their horses (and have a blast in the process!)." *Tom Bisselle, Director, Youth Advocate Program (YAP)*

"This is how we do it!! Go team Essex." *Michael St. Hilaire, NYS Director of Administration at YAP*

Right: 2nd place winner in the Schroon Lake 4th of July Parade. Buck\$ 4 Bale\$ float created by 11-year old CMVHR volunteer, Lydia Moses with help from the Hay family who pulled the float with their antique tractor.



CAPITAL CAMPAIGN A SUCCESS!



A huge shout out to the donors who made the Sally E. Morehouse Memorial Rehabilitation and Training Center possible. Because of your generosity, CMVHR can now rehabilitate and train horses, and offer education and outreach programs in all seasons, including being the new host site for the local 4-H program – the Equi-Riders Club. You inspire us. *Thank you beyond words!*

Capital Campaign Donors through November 15, 2017

Estate of Peter O.E. Bekker	Robert & Nancy Lynk
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Sandy Ho	Judy Utley-Seuss
Ed & Lois Konikowski	Jim & Ginger Visconti
Dick & Sally Lighty	Dee Wallace
Doug & Sarah Luke	Paul & Erin Withstandley

Save-the-date: Building dedication and CMVHR's 15th anniversary celebration: June 30, 2018.

OVER THE RAINBOW BRIDGE



Pocketful of Posies "Poesy" (right)*:
May 15, 1995 - September 21, 2017

A sad side of our work is when we lose an equine love. Poesy was the epitome of strength and the ability to overcome...through love and compassion. Poesy was born with septic arthritis and seizure disorder. She had reconstructive surgery on her hind legs at birth causing her to be non-rideable. During her 18 years with us, she loved unconditionally and was a visitor and youth volunteer favorite for brushing and doting on. Two strokes and vision loss took their toll on her and affected her quality of life. This fall, she was humanely euthanized and buried on our farm. *Rest in peace in greener pastures dear one. We miss you. You will be loved, forever.*

*Mommy (left) and youth volunteers, Mouse and Eva.

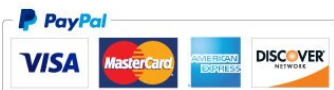
Do not mourn my passing. For if you could only see. By slipping all my earthly bonds, I'm young again — and free. Just close your eyes and see. I'm once again that gallant horse, as you remember me. *Unknown*

SAVING HORSES, HEALING HEARTS

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NAMING A BEQUEST

GIFT: Planned gifts of any size make a real difference and it only takes a little time to name us in your will, trust, retirement plan or insurance designation. To direct a bequest, or a portion thereof, the legal name is Crane Mountain Valley Horse Rescue, Inc., a non profit corporation, organized and existing under the laws of New York, with a principal business address of 7556 NYS Route 9N, Westport, NY 12993. Tax ID #75-3117903.



Above: Bowie grew to love Kat during her summer internship.

Saving Horses, Healing Hearts is the title of a 20-minute documentary of CMVHR by Kat Pollan. Kat has been coming to CMVHR for three years from Oregon to volunteer and experience the magical, healing power of the horse. This summer she interned with us for course credit at Oregon State University for her degree in digital communications to use her talent for advocacy work and to raise awareness for humanitarian causes. We are honored and humbled to be the subject of her documentary and proud to share that Kat received an A for her work.



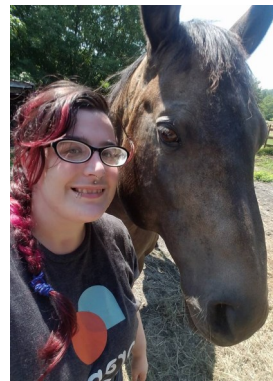
To view Kat's documentary on *You Tube*:

<https://tinyurl.com/yb3jggaj>
or search for:

Saving Horses, Healing Hearts: Crane Mountain Valley Horse Rescue, Inc.



Above: "I feel like Mommy is saying she has opinions on how I've been shooting my project and clearly she could do it better." *Kat Pollan*



Left: Kat with Buck

Below: Kat put a GoPro on Grey to film his training session from his perspective.



Left: "If you would have told me when I first saw Apollo the winter after his intake that one day this shy, untrusting horse who glared at me would go into scary, alligator infested (or so he thought) water because I had said it was alright and was standing there, I'd have laughed at you and said no way. But he did. It's a little thing that's been built up to by the hard work of a village trying to build the trust that's been lost, but for one girl with all of the anxiety and all of the doubts and fears—it was so validating to watch him pause then slowly step down to stand next to me."

Kat Pollan  [#whosavingwho](https://www.instagram.com/whosavingwho)

IMPACT: HORSES (FOUR WHO ARE AVAILABLE FOR ADOPTION)



Above and right: Bowie with curled hooves at intake after being chained to a wall in a dark barn for 3 years and Bowie today with “mini-whisperer”, Lydia, who adopted Spartacus.



Above: Three-year old Bugsy learning to ‘hard tie’. Bugsy was born to one of 10 pregnant mares from a 41-horse seizure we led in 2013.



Middle: Apollo enjoys a neck scratch from Chauntel after a training session. Apollo was rendered homeless after a tragic murder-suicide.

Below left: Mommy at intake in 2013 with her foal George.

Below right: Mommy today. Mommy had a horrible fear of farriers that we, with the help of our farriers, Tim and Autumn, have been helping her work through. As you can see, she’s doing great now.



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Gail Guenther

Since 2003: Crane Mountain Valley Horse Rescue, Inc. has been dedicated to equine rescue and rehabilitation and to restoring horsemanship, the heritage and humane treatment of the horse.

Contribute with Confidence

90 cents of every tax-deductible dollar donated goes directly to the care of the animals

A copy of the latest Financial Report and Registration filed by this organization may be obtained by contacting us at the above address and phone or by contacting the Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.

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ADOPTIVE PARENTS CHECK-IN



Above: Jumper and Lain in a horse show this summer.



Right: Jumper in 2013, on the day he was seized from a hoarding situation with 40 other horses.



Above: Four-year old George with his adoptive mom, Sally, who calls him her "dream horse".



Above: Scooter "making it big" on Farnam Horse's Facebook page as "The most helpful horse". His mom, Chris, sent us the photo with great pride. Scooter was rescued from slaughter in 2004.

Right: George on the day he was rescued from a hoarding situation with 40 other horses, including Jumper who is also featured on this page. "A living skeleton" is what the veterinarians and law enforcement who were with us on the scene called George and his mother, Mommy (page 7). Thanks to our donors, we were able to save all 41 horses.

