

# THE HORSE'S VOICE

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### HOLIDAY SHOPPING?

- Is there someone on your shopping list who is tough to buy for? How about making a gift in their honor to Crane Mountain Valley Horse Rescue? We will send them a note to let them know of your thoughtfulness, along with a copy of *The Horse's Voice* so they can see how your gift for them is put to work.

- Crane Mountain Valley Horse Rescue has an assortment of "rescue" wear available, including baseball caps, t-shirts, sweatshirts and more. Check out our website at [www.cmvhr.org](http://www.cmvhr.org) for more information, call us at 518-962-8512, or e-mail us at [horses@cmvhr.org](mailto:horses@cmvhr.org) to place an order today.

- Send a check payable to Crane Mountain Valley Horse Rescue to 7556 NYS Route 9N, Westport, NY 12993 to make a holiday gift to the horses.

## LETTER FROM THE PRESIDENT

Happy Holidays from the horses and humans who care for them at Crane Mountain Valley Horse Rescue, Inc. Thanks to our loyal supporters, 2007 brought joy to many: people and horses alike.

This issue of the *Horse's Voice* will focus on our successes, inspirational people, and uplifting words. We are not in denial that the world is facing hard times, and like you, we are not sheltered from them. We refuse, however, to let world news derail us from our mission and the wonderful things that can be accomplished when people join together. After all, our moral and spiritual compass is to make this world a better place, and with you, our loyal supporters, we are. With you, we will continue to bring joy and hope to others. The critical time is now.

In the following pages, we share news about some of the community outreach programs we hosted this year to show how your



Louie, available for adoption, enjoys a romp in the field.

support not only helps horses, it helps people of all ages. We also share some of the most beautiful written words we have been honored to have received from friends of the rescue. Last year, we were surprised when a UPS truck arrived in our driveway with a box from one of our donors in Florida. In it was a gorgeous framed poem she had written with a photo of two horses. Her words grace page three along with the most beautiful thank you letter we ever remember receiving, from one of our most dedicated volunteers.

People often tell us we are doing God's work. If

following your heart, staying true to your convictions, and believing you can make a difference in the lives of others is what God has in mind for us, then there is truth to that statement – but only because you are too, by supporting us in our endeavors and making it all possible.

Don't ever give up on your dreams. Fight for what you believe in. Keep a loose rein and head into the wind. May 2009 be all you dreamed it could be and then some.

Eddie Mrozik

# HORSES TOUCHING THE LIVES OF PEOPLE

## KINDERGARTEN GRADUATION

For the fourth year in a row, Mrs. Bisselle has brought her kindergarten class to Crane Mountain Valley Horse Rescue, Inc. to learn about kindness and compassion, not only for horses, but for all living beings. In Mrs. Bisselle’s words regarding our character development workshop; “your program is a perfect way to round out what the kids have been learning all year”.



Westport School kindergarten class gives a graduation cheer

This year, we packed a little extra whallop into the program by hosting the kindergarten class’s graduation with parents and grandparents in attendance. The photo to the right is of the kids giving their graduation cheer, announcing their move to first grade. The photo on the bottom left is of Mrs. Bisselle meeting Red Tee Tomahawk aka “Butch”. Each child had an opportunity to pet Butch and have a photo taken for their scrapbooks before boarding the bus. With school budgets tightening, it gives us great joy to offer these programs as a community service at no charge. Donations are accepted and appreciated, but not required. This is our gift to the community.

## THE HEALING POWER OF THE HORSE



Mrs. Bisselle meets Red Tee Tomahawk

In an earlier newsletter, we shared a bit about our program with Mountain Lakes Services to help developmentally disabled adults find self-confidence and self-esteem. We started this program at our farm in Warrensburg with CWI of Glens Falls, and were delighted when Mountain Lakes signed on here. For privacy reasons, we cannot include a photo or names, but what we can share is the undeniable healing power of the horse.

Our farm has become like “home” to one of the residents at Mountain Lakes Services. More than that, he has found a sense of pride in himself, and accomplishment at having a “job” taking care of the horses – and an assortment of other farm animals. Most astonishingly, he has also found his voice.

We have watched our friend grow in his time here from a man tangled in emotions, to someone who is relaxed, inquisitive, no longer afraid to try new things, one who works through problems, and is now willing to share his story, his thoughts, and his heart. He has stolen our hearts. We could not be more proud of him or more thankful to you for making it all possible.

## INSPIRATIONAL WORDS

Thank you for teaching us.

We learned the fence is for freedom to roam not for caging.

Words are for encouragement not punishment or containment.

That we should control ourselves not others.

Sharing is giving and giving is rich.

Caring is purposeful work and purposeful work is rewarding.

There is so much more to thank you for. The most important is:

Loving each other the way you do.

The way you look at each other.

The way you talk to each other.

The way you talk about each other.

The way you depend on each other.

The joy you have for each other.

It is an inspiration to me and my family.

Thank you for letting us into your lives.

We are encouraged and better for it.

*The Hendersons*

*(The nicest thank you note we ever remember receiving, from one of our most dedicated volunteers.)*



### *Everlasting Gratitude*

For all the love you have ever given out, may that love now return to you.

For all the times you have said kind words and shared your warm compliments, may all that positive energy embrace your soul.

With every hour you have spent on your gifts and talents, may that effort come back to inspire you when your spirit has lost hope.

Every time you spread the words of our loving father and angels, may all that darkens you be overpowered by a vision of light that will shine bright always and forever.

*Heather Zarcone*

*(CMVHR friend and donor who sent this poem framed with a wonderful photo of two horses.)*

### *Only Horsepeople*

Think nothing of eating a sandwich after mucking out stables.  
Know why a thermometer has a yard of yarn attached to one end of it.

Are banned from Laundromats.

Know more about their horse's nutrition than their own.

Have less wardrobe than their horse.

Engage in a hobby that is more work than their day job.

*author unknown*

**CRANE MOUNTAIN  
VALLEY HORSE  
RESCUE, INC.**

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www.cmvhr.org



*“Crane Mountain  
Valley Horse Rescue,  
Inc. is dedicated to  
equine rescue and  
rehabilitation and to  
restoring horsemanship,  
the heritage and humane  
treatment of the horse.”*

**Contribute with Confidence**

94 cents of your tax-deductible  
donation goes directly to the  
care of the animals

*A copy of the latest Financial  
Report and Registration filed by  
this organization may be  
obtained by contacting us at  
the above address and phone  
or by contacting the Office of  
the Attorney General,  
Department of Law, Charities  
Bureau, 120 Broadway, New  
York, NY 10271.*

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## LOOKING FOR A GOOD HOME



ZEPHYR

Hey. Over here. My name is Zephyr. I was born on Easter weekend in 2007 and if you look really close, you'll see a cross on the tip of my nose. It's my only marking. And guess, what? I live up to that marking — I am an angel. It's kind of a funny story how I came to be. Check out the website to read the full story. I'm going to be a good, solid boy because my parents are both stocky breeds. That's my mom in the photo below me. My dad is a grullo buckskin quarter horse. I am really smart and just love people. I'm so, so good and hope to find a best friend for life in an adoptive parent.



NELLIE

Hey, it's Zephyr again. I'm writing for my mom because she's shy. Her name is Miss Enchanted Nellie. My real name is Zanabar's Enchanted Forest. My dad was out of Zanabar Jack and the enchanted part is from mom. Mom is only 7. She kind of looks like Hidalgo on this side. The other side of her face is all white and she has a blue eye over there. She's really pretty. Eddie rescued her from slaughter. She would have been available for adoption sooner, but she had me by accident and we all had to wait until I was born, then weaned. I'm all grown up now, so mom and I are both ready for a new home. Mom hasn't been ridden since she got pregnant, so she's green. She's compact size and really sweet. I love my mommy.