

THE HORSE'S VOICE

SPRING 2019 UPDATE

"Each one of us can make a difference. Together, we make change." *Barbara Mikulski*

To our donors – **thank you** – together, we effect change. To friends reading our bi-annual newsletter for the first time; welcome, and thank you for your interest. Our work is only possible with the support of friends like you.

In 2003, we embarked on a journey to make a difference – one horse at a time. Sixteen years later, we are still true to our original undertaking, yet we've added one person, one community, and one heart at a time to those we strive to positively impact through our work. **Saving Horses, Healing Hearts** has become our mantra – a phrase coined by 2017 college intern Kat Pollan.

As an accredited humane agency and award-winning humanitarian and educational non-profit, our growth from all-volunteer to a local employer exemplifies our commitment to our mission and community. On page 6, you will meet Marcaill, the newest addition to our team. On the same page, we highlight community impact made possible by your support. Recent CMVHR graduates are celebrated on page 2 and illustrations of the many ways we care for horses on page 3. This update is photo rich and text light by design – truthful and bold images tell a powerful story – they give voice to the voiceless.

Our mission is not only to rescue and rehabilitate horses in need, but to prevent abuse and neglect before it



starts through intervention, education and outreach. With the support of friends like you, we continue to expand our reach and change more lives.

CMVHR adoptee, Scooter, earns Horse of the Week at horse.com.



Essex County Board of Supervisors recognized Olive Stewart, 10; Natalie McDaniel, 8 and Paige Montville, 9 for their 4-H community service project at CMVHR. (L-R back row: Chauntel, Barn Manager/4H leader, Eddie, Nancy & Jessica, 4H Educator)

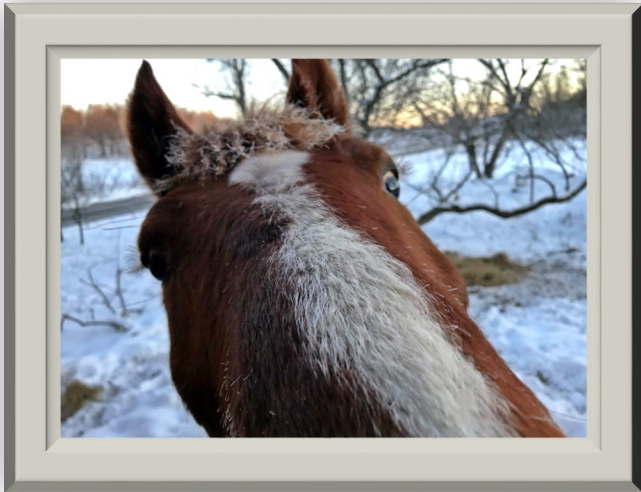
Our after-school volunteer program is still in full swing and we are proud to share that three of our youth were recognized for their commitment to community by Essex County Board of Supervisors (above). Each was awarded a blue ribbon with our logo, name and phrase; "in recognition of outstanding volunteer service".

This spring, we added a new after-school service program in partnership with Essex County 4-H. Youth aged 8-18 split their time between farm chores, stable management class time, and completing an organized project with their chosen project horse. It is a hands-on, experiential learning opportunity, not a riding program. For example, participants may use one of our rescued horses as a photography model, to teach a basic skill, or to perfect a showmanship pattern. The youths keep a documented record of their project and share their weekly progress with the leaders and each other.

In addition to celebrating our financial supporters in this issue, we also recognize some remarkable friends whose creative generosity truly inspires us (page 8). You each make a difference. Together, we change one life, one heart, one community at a time. **Thank you!**

HAPPY NEW BEGINNINGS

Our donors made these recent happy new beginnings for horses and humans possible. In addition to rescuing and rehabilitating horses here at the farm, we help people who need to rehome horses they can no longer care for. This winter, we helped Sargeant Pepper (below left: horse 'selfie') and his friend Summerwind find a new home – together. Their owner fell ill and on hard times financially. She asked for our help before things became dire for her or for the equines she loved. The other photos are of CMVHR graduates, both of whom were put in the care and custody of CMVHR, as humane agent for law enforcement. Spartacus (below right) was rendered homeless from a murder-suicide after his owner shot his wife and then himself. JC (bottom photos) was seized by police in a cruelty investigation. Both have been rehabilitated and adopted – happy new beginnings.



Above: JC on intake. JC scored a two on the Henneke scale, a body condition scoring system used to evaluate the amount of fat on a horse's body. A score of one is emaciated; two is very thin.

In addition to JC being grossly underweight, lack of nutrition caused his gums to atrophy and a loss of teeth.



Top: Spartacus with his adoptive mom at Tractor Supply for Paper Clover Days. He was CMVHR & 4-H Ambassador for the event.

Above: JC, after regaining his weight, strength and self confidence, teams up with his human love for fun at a gaming event.

Left: JC gets some kid love.

"You don't throw a whole life away just because he's banged up a little." (From the movie Seabiscuit)

HORSE CARE TAKES ON MANY FORMS

In a day in the life of a horse rescuer, there are varied activities and work conditions. From daily horse care — feeding and cleaning stalls and paddocks — to administering medications and treating ailments, it's a 24 hour a day, 365 day a year commitment. Weave in rehabilitation, training, farm maintenance and the random water line break in the heart of winter, and you're all-in.

Here's a snapshot of recent activities:

Below: Zephyr getting his teeth floated (filed) by veterinarians.

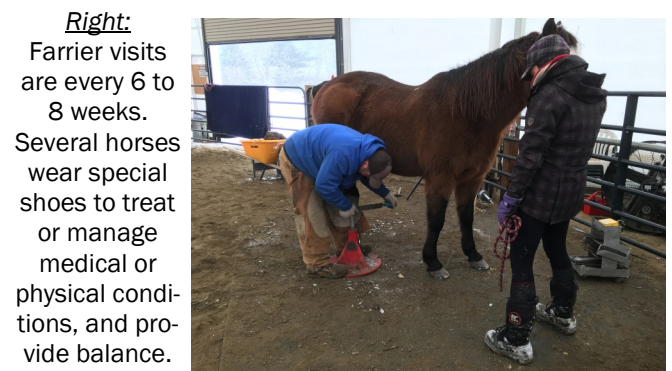
Bottom left: Zephyr free jumping during a training session in the Sally E. Morehouse Memorial Rehabilitation and Training Center.

Top right: Fixing a water line break in mid-winter. Calling a friend with a backhoe was required to dig through a two foot frost-line. Grateful for good friends.

Bottom right: Jillie wearing gel pads to treat a bout of laminitis. Three weeks of stall rest and daily icing of her feet were also part of her treatment regimen.



Left: Grey getting stretched as part of physical therapy for a sore back and tension in his neck and shoulders.



Right: Farrier visits are every 6 to 8 weeks. Several horses wear special shoes to treat or manage medical or physical conditions, and provide balance.



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To our loyal donors — thank you!!!
 Together, we are making a difference.
 Simply put, we couldn't do
 what we do without you.



We are grateful to Stewart's Foundation for its grant to support youth programs. The right photo is a young volunteer at our holiday party. She forgot to take off her red nose when sipping hot cocoa with whipped cream. That's whipped cream on her nose!

GIFTS IN MEMORY OF:

Aunt Sarah (pony)
 Bart
 Randy Brown
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Our donors are the lifeblood of our work. We make every effort to ensure accurate recognition of your generosity in our publications. Please, if you see an error, contact Nancy at horses@cmvhr.org or 518-962-8512.

COMMITMENT TO COMMUNITY

In Other's Words

"Thank you for what you provide for our kids and community."

Micah Stewart (after school program parent and local teacher)

"Dear Nancy and Eddie, Your donation is from our 5 and 3 year old grandchildren. It is never too early to teach them the importance of helping those who selflessly help others. Keep up the wonderful work you do."

Susan & Andrew Lee

"It is opportunities like this that are truly the best part of Lydia's 4H experience and one of our favorite parts of homeschooling. I am profoundly grateful to CMVHR for all you do for Lydia and all the other kids you welcome in on a weekly basis."

DonnaMarie Moses

"Thank you Crane Mountain Valley Horse Rescue for providing this wonderful opportunity for youth to learn life skills of developing their sense of community, teamwork, hard work, dedication as well as friendships with the horses and each other."

Linda Gilliland, Qualify of Life Issue Leader, CCE

Our commitment to community is unwavering. In addition to hosting activities at the farm, we participate in local events to expand our reach and touch more lives. Below is a photo from a visit by Mountain Lake Services with whom we partner to empower those with disabilities. Top right is CMVHR graduate Spartacus with volunteers, Lydia



and Eben greeting Tractor Supply customers during 4H Paper Clover Days. Left are two of our youth volunteers, and right is Crane's Colts, the name of our after school partnership with Essex County 4H. Each student is proudly sharing a first rendition of their project book. Your donation makes a real, and lasting difference.



WELCOME MARCAIL



We are excited to welcome Marcail Miller who joined our team in March. Marcail grew up on a farm, caring for 60 head of cattle and 18 horses. She has worked as an Equine Stable Assistant in Missouri where she attended William Woods University, as Farm Hand at Windy Willows Farm LLC in Vermont, and most recently as an Animal Care Technician at the North Country SPCA, caring for dogs and cats.

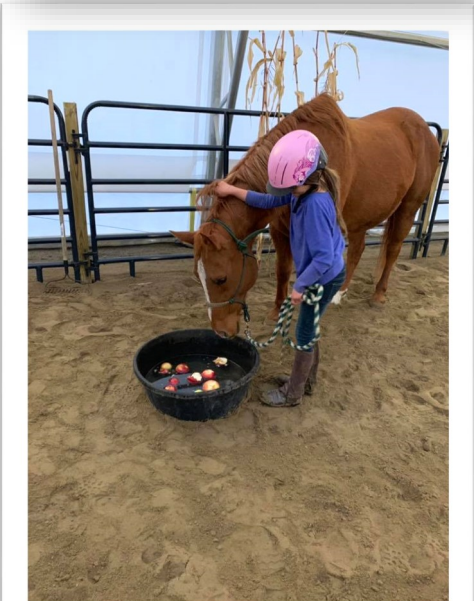
Marcail's love for all animals is evident, as is her commitment to community and teaching the next generation. She and her mother recently started a 4H member club "teaching young minds the ins and outs of the horse industry to pass on the indescribable experience I had as a member of 4H that made me into a much better horseperson", per Marcail. We are delighted to have Marcail on our team!

FOR THE BENEFIT OF HORSES AND PEOPLE

Education is a key component of our mission. We offer a wide variety of educational programs for children, adults and the community at large. In addition to hosting field trips and activities at the farm, we present at schools, equine symposiums, local organizations, events and businesses. By being proactive, raising awareness and educating the public about the important topic of equine neglect and abuse we aim to prevent the initial reason we were founded – to save one horse at a time. In addition to humans leading on educational activities, while the rescued horses are in our care awaiting adoption, they are teachers.



Horses help people of all ages with valuable life skills. Interacting with horses provides opportunities to learn and grow. Horses help improve self confidence and self-esteem. Building relationships with horses allows us to develop social skills, have empathy, communicate more effectively and



advance relationships based on mutual trust, respect and understanding. Working with and around horses can create a sense of community and connection. Whether we're grooming, mucking out stalls, healing physical or emotional wounds, or communicating cross-species, horses require us to work hard. They have a lot to teach us about the value of physical and mental effort – useful lessons in all aspects of life. Horses also teach us leadership skills – as herd animals whose survival depends on strong and effective leaders, they rely on partnership, trust and communication.



The photos on this page capture the essence of what we do through our education and outreach programs. With the support of friends like you, lives are changed, healing happens, skills are developed, hearts open, kids grow, community builds, and hopeful, inspiring optimism prevails. Thank you for teaming up with us to make a difference – together, we do make change.

A barn is a sanctuary in an unsettled world, a sheltered place where life's true priorities are clear. When you take a step back, it's not just about horses – it's about love, life and learning. *Anonymous*

CRANE MOUNTAIN VALLEY HORSE RESCUE, INC.

7556 NYS 9N
Westport, NY 12993

Phone: 518-962-8512
Email: horses@cmvhr.org
www.cmvhr.org



Since 2003: Crane Mountain Valley Horse Rescue, Inc. has been dedicated to equine rescue and rehabilitation and to restoring horsemanship, the heritage and humane treatment of the horse.

Contribute with Confidence

90 cents of every tax-deductible dollar donated goes directly to the care of the animals

A copy of the latest Financial Report and Registration filed by this organization may be obtained by contacting us at the above address and phone or by contacting the Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.

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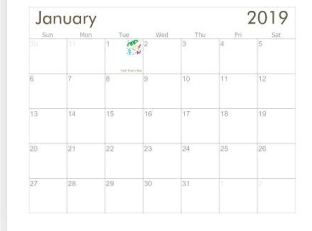
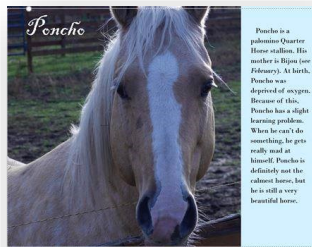
PROFILES IN GENEROSITY



Inspiring young people: Alex (age 9) and Mara (age 11) present Nancy and Chaunteal with a check for \$740 from the sale of CMVHR calendars they designed and printed themselves (below). This dynamic duo are sister and brother. They demonstrated teamwork, cooperation and a selfless generous spirit through this project.

Mara and Alex did the photography, wrote the text and designed the calendar. They also created a website to promote their project, and coordinated sales and delivery of the calendars – of course, with support and encouragement from their wonderful parents.

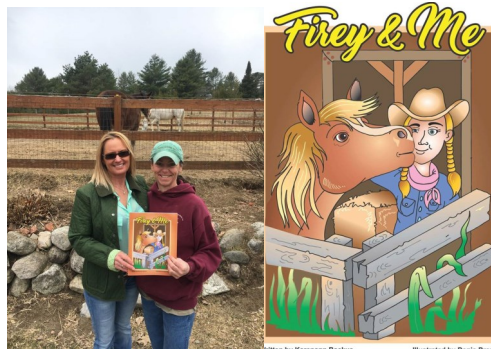
What an inspiration these two young friends are. We are honored by their thoughtful kindness, uplifted by their commitment and hard work, and grateful to them, their parents and to all who supported their efforts by purchasing one of their calendars!!!



Below: What an honor! Children's book author, Karenann Backus, is donating a portion of the proceeds from her book, Firey and Me, to CMVHR. The true story is about a girl who finds a horse that is misunderstood and through dedication, perseverance and love creates beauty and pride that will last a lifetime. Books are \$10.00 each. Contact Nancy at 518-962-8512 to order one today!



Above: LEGEND RIDERS is an amazing group of friends committed to horses, horsemanship, camaraderie and making a difference. They organize and volunteer their time at fundraisers and benefits for CMVHR, including gymkhanas, raffles and setting up an educational booth at Tractor Supply Company. Thank you LEGENDS!!!



Written by Karenann Backus
Illustrated by Denis Proulx