

THE HORSE'S VOICE

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Inspirational Quotes

I expect to pass through life but once. If therefore, there be any kindness I can show, or any good thing I can do to any fellow being, let me do it now, and not defer or neglect it, as I shall not pass this way again.

William Penn

If the extension of your compassion does not include all living beings, then you will be unable to find peace by yourself.

Albert Schweitzer

Nobel Prize Winner 1952

Sometimes they ask me why do I invest so much time and money talking about kindness to animals when there is so much cruelty amongst men. My answer is: I am working at the roots!!

George T. Angell

LETTER FROM THE PRESIDENT

In this issue of the *Horse's Voice*, we recognize our 2010 donors. We couldn't do what we do without the support of friends like you. Your support impacts the lives of horses and humans. As we enter our 9th year of operation, we hope you take pride in what you have helped make possible.

Here are some highlights:

HELPING HORSES

- we provide a safe, loving environment for as long as it takes to bring horses to health
- we provide a safe place for terminally ill horses to pass their final days supported and comfortable
- some 70 horses placed in adoptive homes
- dozens more horses helped by making connections through our networks

HELPING HUMANS

- externships for students to earn college course credit for veterinary programs
- job shadowing programs for local high schools
- character development workshops
- programs for developmentally disabled adults



Pops in his new shed built by Lowe's Heroes (story page 2).

Remember Pops, the Belgian Draft featured in our Winter 2010/2011 issue? Pops was starved to about 60 percent of his body weight and shot with a high-powered rifle when found in May 2010 and brought to CMVHR by the authorities. Pops has gained some 400 pounds and his gunshot wounds have healed. He is still here with us as the animal cruelty investigation of his former owner continues.

Pops' big heart and will to live have inspired many. We are proud to share that in 2010 we were chosen for the Lowe's Heroes program (story page 2), as the charity of choice for Adirondack Dental Associates' holiday matching gift program, and Westport School's winter fundraiser, "Caps for Crane".

The students were allowed to wear a cap or hat for one day if they agreed to pay a fine of 10-25 cents to support CMVHR. Almost all of the students wore hats and raised over \$100 dollars.

Looking ahead, we will again be hosting Westport School's kindergarten graduation and a summer externship for a college student to earn course credit for veterinary school. Your support allows us to offer these programs free of charge. Your kindness is an investment in the future — today's youth.

Thank you for making great things possible.

Edward Mrozik

LOWE'S HEROES

In early November, Lowe's Home Improvement store in Plattsburgh sent a crew of volunteers—Lowe's Heroes—to build Pops a run-in shed of his own. Lowe's donated the materials, the employees gave their time, and the local Grand Union grocery store provided lunch for the team. The event made the front page of the local newspaper in a story entitled "A Roof Over His Head".

Here's an excerpt from the press:

A love for equines and cooperation from individuals and Lowe's has put an abused horse named Pops in his own shelter.



Breaking Ground

We were thrilled that the reporter put his photo on the front page and quoted him in the paper: "I think it is great that the horse was rescued and that people are helping him and that I and others can come to the farm to see him."

We learned that the volunteers that came had other places to go that day, but elected to come to the farm instead to help Pops. The experience was like an old-fashioned barn raising and was an inspiring, humbling and heartwarming event.

This winter was particularly harsh and we all found comfort knowing Pops has his very own place to get out the weather, thanks to a handful of heroes.



Pops looks on as the crew builds him his own digs

Though the early morning rain had stopped, the day was cold and windy, but that did not deter volunteers from turning out at Crane Mountain Valley horse Rescue in Westport to build the shelter.

In a nearby corral, 25-year-old Pops pranced, seemingly knowing something was in the works.

The woman who spearheaded the project after seeing Pops' story on TV in May came with her husband and 12 year old son. Her son's school excused him from class to do this community project with his parents. He documented the event with photos and offered to write a paper for school about the experience.



Lowe's Heroes in action

WITH DEEPEST GRATITUDE TO OUR 2010 SUPPORTERS

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 Anonymous—NY *
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 Grace Uhlig—NY *
 David Van Wie & Cheryl Bascomb—ME
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 Samantha & Butch Wells—NY
 Charley & Carole West—NY *
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 Robert & Janice Wilson—NY *
 Kristy Wilson & Tim Farquhar—NY *
 Heather Zarcone—FL *
 David & Katherine Zientko—NY *

Gifts made in honor or memory of
 loved ones are listed on page 6
 with information on ways to give.

DON'T TAKE OUR WORD FOR IT

We draw great strength from the notes, e-mails and letters we receive from our friends and supporters.

Here is a snapshot of some of the words – *in other words* – that got us through a tough and relentless winter.

“Just wanted you to know, even though we don’t know if Matt will have a job come New Year’s—after he read Pops’ story in your last newsletter, he said we need to send a gift. He said he’d push road boxes up a ramp after a rock concert at 3:00 am to pay for it if he had to.

Belgians have a special meaning for us. While we were honeymooning in Vermont, we stopped at the Grafton Inn which had four Belgians. The Inn had apple trees just beyond the reach of the pasture fence. The horses saw us walk up to the fence to look at them and saw the possibility of a treat. When just one of them started galloping toward us, the ground shook. The are magnificent animals when well cared for.

Enclosed is a small gift to use for Pops or whatever else needs doing around the farm. Merry Christmas and Happy to Year to all creatures great and small in Westport.”

Sandy Murphy



What sub-zero temperatures do to horses’ eyelashes.

“You do God’s work.”

Doug Luke

“You are an inspiration and role model for Katie. Thank you. Mark and I are so proud of her and we are blessed to have met you and to have Popeye in our lives.”

Angela Motler

“Please accept this small donation of ivermectin on behalf of my father. This is his Christmas present this year! Thank you both for all the hard work you do for horses in need. As a horse-lover and owner, I cannot think of a more noble cause than saving these amazing animals. Happy Holidays to you and the horses.”

Juliet Cook

“The work you do for horses in need is honorable. Horses don’t ask for much, yet they give the world. It is heartening to know there are folks like you who truly care.”

Melissa Brewer

“This gift is in memory of Richard Oliver Thomas. His daughter’s e-mail to me: *My dad had a soft spot for horses and never wanted one to be neglected or abused...*”

Friends of MMNA



Scenes from a relentless winter. Though it was tough on the horses and humans, you gave us strength to endure.

A country or civilization can be judged by the way it treats its animals.

Mahatma Gandhi

THE BUCK STOPS HERE

In our Winter 2006/2007 issue, we told a story about one of our rescues, Buck, that many have asked us to retell with an update on where Buck is now. Since you asked, here is a reprint of Buck's story:

Do you believe that horses are intuitive? We believe that horses have the ability to sense human emotion and connect with people in ways that embrace unconditional love. Here's a story and a "photo worth 1,000 words".

This is Buck. We bought Buck at a low-end auction known for selling horses for slaughter. He was just 6 months old. He was infested with lice so badly, his skin seemed to crawl. The parasites inside his little body were even worse.

When we paid for Buck, we were given a small slip of paper that had his breeder's name on it. We took a chance and contacted the breeder who brought Buck into this world to ask about his background. This is what the woman shared.

They were new to breeding and Buck was the first born on their farm. The woman's mom ('grandma' - upper right photo) had one last wish — to come home from hospice and touch a newborn foal.

By the time Buck arrived, grandma was too sick to go outside. So they took Buck away from his mom when



Buck gives grandma her dying wish.

he was just a few hours old and brought him in the house. They washed his little hooves in the bathtub and turned him loose among dozens of visitors.

Buck went right to grandma and climbed in bed to give grandma her dying wish. She left this world that night after having touched her newborn foal.

They said Buck was their "angel", but they didn't intend to keep any of the foals born on their farm, so they let him go. They worried every day about his fate. We decided not to tell them about the condition we found him in at the auction, and simply let them know that their angel was here and he was safe.

Buck is still here with us. His intuition is as powerful as ever and he continues to help people through his angelic ways. He has a special knack for knowing who needs a hug and delivers by wrapping his head around you and squeezing. After hearing grandma's story and seeing the positive impact he has on people, "the Buck stops here". He will stay at CMVHR to help people in need — which is all of us isn't it?



Buck just celebrated his 7th birthday and is still helping people through his magical and angelic ways.

Of all animals in God's creation, man is the only one who drinks without being thirsty, eats without being hungry and talks without having something to say.

John Steinbeck

**CRANE MOUNTAIN
VALLEY HORSE
RESCUE, INC.**

**7556 NYS Route 9N
Westport, New York 12993**

**Phone: 518-962-8512
Email: horses@cmvhr.org
www.cmvhr.org**



Gail Guenther

*“Crane Mountain
Valley Horse Rescue,
Inc. is dedicated to
equine rescue and
rehabilitation and to
restoring horsemanship,
the heritage and humane
treatment of the horse.”*

Contribute with Confidence

94 cents of every tax-deductible dollar donated goes directly to the care of the animals

A copy of the latest Financial Report and Registration filed by this organization may be obtained by contacting us at the above address and phone or by contacting the Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.

BOARD OF DIRECTORS

Edward Mrozik, Jr.—President
Nancy Van Wie—Vice President
Susan Kastan—Secretary

WAYS TO GIVE

Crane Mountain Valley Horse Rescue is 100% volunteer. We have no paid staff. You can contribute with confidence knowing that 94 cents of every tax-deductible dollar donated goes directly to the care of the animals. The other 6 percent goes to things like printing and mailing this newsletter twice annually, web-site hosting fees, and other similar administrative expenses.

We adhere to the fundraising *Code of Ethics* and *Donor Bill of Rights* of the Association of Fundraising Professionals, of which Nancy is a trustee. We take integrity, and the sound investment of your generous donation, very seriously.

There are several ways to give:

- cash donation by check (due to excessive fees, we are no longer able to accept credit cards)
- stock (contact Nancy Van Wie at horses@cmvhr.org or 518-962-8512 for instructions)
- sustainer gifts (monthly deductions from payroll, retirement, checking or savings)
- employer matching gifts (more information in upper right box)
- in-kind gifts and services
- gifts in memory or honor of a loved one
- volunteer your time
- ask three (or more) friends to give

CMVHR IS ELIGIBLE FOR EMPLOYER MATCHING AND CHARITABLE GIFT PROGRAMS, INCLUDING:

- American Charities Bureau
- AT & T
- Financial Securities Assurance
- General Electric
- Microsoft
- Morgan Stanley
- Verizon

Ask your HR person if your employer has a matching gift program. You may be eligible to double the impact of your gift.

GIFTS IN HONOR OF:

Gertrude Barrows
Marcye Britt
DeCabalero
Dominic, Frances & Melissa Eisinger
Deb Feeley
Lynn Grivakes' birthday
Brenda Hayes
Pops
Marion Short
Nancy Van Wie's birthday

GIFTS IN MEMORY OF:

Abbey
Ayes of Mist
Daisy
Dolly
Doris Fee
Wayne Grignon
Andy & Stella Haigh
Ricky Harper
Kathleen Roemischer

HORSE CARE BY THE TON

Each horse eats about 5 tons of hay per year.

We feed about 6 tons of grain per year.

A 1,000 pound horse produces some 9 tons of manure every year.
Caring for an average of 15-20 horses each year, that's a ton of work.