

# THE HORSE'S VOICE

## INSIDE THIS ISSUE:

<i>President's Letter</i>	1
<i>Business Milestones</i>	1
<i>Pop's Bill</i>	2
<i>2009 Supporters</i>	3
<i>Passing the Torch</i>	4
<i>'A Year at the Races'</i>	5
<i>Inspirational People</i>	6

### business milestones

2003: incorporated as Crane Mountain Valley Horse Rescue, Inc.

2003: ASPCA approval

2003: 501(c)3, public charity status granted under 5 year advance ruling

2004: relocated to Westport, New York to increase the number of horses we can save

2007: received the Humanitarian and Distinguished alumnae award

2008: nominated for the ASPCA Lifetime Achievement Award

2008: 5 year review for reinstatement of 501(c)3 status—**we passed with flying colors**

## LETTER FROM THE PRESIDENT

Since 2003, Crane Mountain Valley Horse Rescue, Inc. has been committed to making this world a better place for all living beings.

This issue of the *Horse's Voice* is chock-full of real-life stories about some of the people whose lives we've touched through our work, above and beyond the horses we've saved. These heartwarming accounts were made possible by the financial backing of people just like you.

To do our modest part in making a positive difference, Crane Mountain Valley Horse Rescue has deliberately stayed small, focused, and mission-driven. Small is beautiful if the impact is big.

Caring for 15 horses, plus an assortment of other furry and feathered friends, 365 days a year, doesn't feel like a small venture. This is especially true when you consider that we are only two people with full-time paying jobs and another full-time equivalent volunteering to manage the rescue's administrative and programmatic work (like writing this newsletter, maintaining the website, and running education and outreach programs).



Horses grazing at CMVHR, Inc.

The commitment is tremendous. The reward is ineffable.

By "staying small", we mean being fiscally responsible, managing our financial resources for optimal animal care, and ensuring that we have time to devote to programs that make a difference in the lives of people, too. We don't take in more horses than we can house, physically care for, or financially afford. Sadly, it means we have to leave many horses behind.

We've always recognized that we can't save them all, and we can't touch every human life. What we can do is change attitudes and instill behaviors to cause change over time with the

benefit of immediate results. If we can change one life for the better, we are the better for it.

As you are thoughtfully considering your giving priorities this year, we hope you choose to invest in a future of hope and possibility for horses and humans alike, by making a gift to Crane Mountain Valley Horse Rescue, Inc.

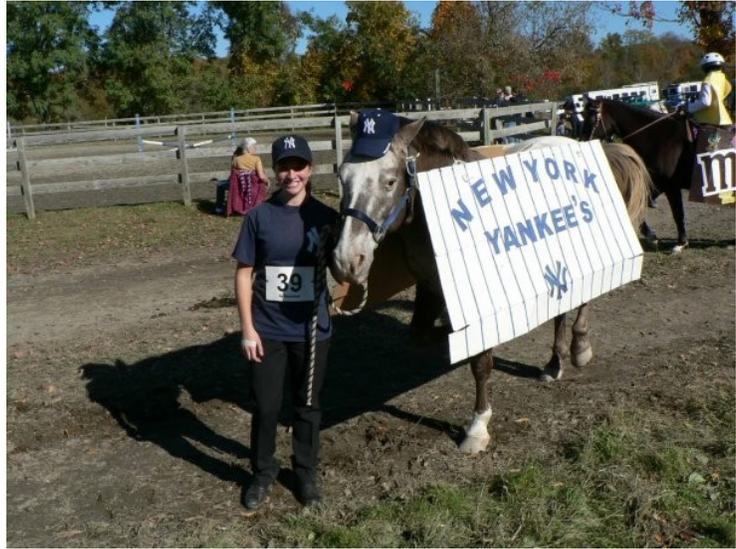
On page 3, we salute our 2009 donors. Our work would not be possible without you. Your gift helps us in our endeavor to change the world for the better. We hope you are as proud of our accomplishments as we are inspired by your support.

*Edward Mrozik*

## POP'S BILL

In addition to helping save equine lives, your gift touches people, like 17 year old Katie Motler, who adopted Popeye from us. In November 2009, we received this e-mail from Katie:

*"In school this year I am in a class called Participation in Government. In this class we are formulating a bill to mock what Congress does when they want to pass a new law. I am in a group of four and we decided to create our bill advocating to make animal cruelty, focusing on horse abuse, a felony. Another student and I have rescued horses and have many "happy" pictures of success. We were wondering if you could send pictures to us of horses when they first arrive to your farm (and if you still have them, I would like pictures of Popeye so people can see the before and after.) Although this will make us very sad we are hoping it opens the eyes of the people we are presenting to. Thank you for any assistance you can offer.*



Popeye, rescued from slaughter in 2004 and the inspiration for "Pop's Bill", with Katie.

*P.S. Popeye and I are doing very well. We were the Dutchess County Fair Junior Novice Grand Champions this year. We also have been doing smaller shows close to home and we always come home with a lot of ribbons. Popeye is always the talk of the farm, everyone loves riding him and he is such a joy to work with. Popeye and I help out with Girl Scouts and birthday parties at the barn and everyone always wants to ride him so we usually end up giving pony rides, but we both love it. I would like to set up a time when I can come and visit your farm someday. Attached is my college application essay, I think you will enjoy reading it. A few pictures too.*

It gave us great joy to assist Katie by sending her photos from which to choose, including photos of Popeye the day he arrived at our farm. The malnourishment he suffered is evident in the photos we sent. What photos couldn't capture, however, was the fear of humans that Popeye had learned from cruel hands in his past life. Popeye's story has a happy ending, thanks to people like you. Popeye and Katie are a remarkable team.

Katie and her project team presented their "proposed legislation" in their Participation in Government Class in December. They advocated for severe punishment for the cruel and inhuman treatment of animals. They were the only group to receive a 100% on the project.

Visit our website at [www.cmvhr.org](http://www.cmvhr.org) to view the powerful 5 minute video Katie and her classmates created using before and after photos of the horses at CMVHR, Inc. Katie's essay for application to college, inspired by Popeye and CMVHR, Inc., is also posted on the website.

**WARNING: have tissues handy**

continued on page 4.....

# WITH DEEPEST GRATITUDE TO OUR 2009 SUPPORTERS

Anonymous—NY \*  
Anonymous—NY \*  
Anonymous—OH  
Corinne Adams—NY \*  
Doug and Maggie Alitz—NY \*  
*High Peaks Stables—NY \**  
**American Charities Bureau \***  
James and Susan Angus—NJ  
Art and Beth Auch—CT \*  
Susan Babicz—VT  
Spencer and Sandra Baldwin—NY\*  
Allen and Gail Barcombe—NY \*  
Denise Barcombe—NY  
Joan and Howard Barker—FL & NY  
*Cold Comfort Farm*  
Julie and Tom Bisselle—NY \*  
Bill and Elsa Boyce—NY \*  
Kathleen and Gregory Bramich-Brack—NY  
Richard and Christine Brewer —MO \*  
Karen and Richard Brinkmann—NY \*  
Mary Buehler-Brandt—NY  
Bruce and Karen Butters—NY  
Ray and Linda Calabro—ME  
Jerry and Candi Cameron—NY \*  
Pasquelino Caputo—NY  
Sandra Carpenter—NY \*  
Diana Chapman—Ontario, Canada \*  
Jim and Rita Conway—NY  
Theresa and Benjamin Conway—MA  
Maddie and Abby Conway—MA  
Juliet Cook—NY  
Christine Costa—NY \*  
Lynn and John Costa—NY \*  
*Dream Catcher Farms— NY \**  
Carl Davis— NY \*  
Scott and Diane Davis—IL \*  
Martha Deming—NY - \*  
*Meadowtop Art—NY \**  
Katherine Donis— NY \*  
Marie and David Dooley—TX  
John and Laura Doyle—NY  
Paul Duggan and Alice Fitch— VA \*  
Al Dybas and Lisa Schroeder—NY \*  
Melissa and Dominic Eisinger—NY \*  
Arielle and Benjamin Ellis—NY  
James Esper—MA \*  
Kathy Esper—MA  
Rachael Falis—NY \*  
Frank and Peggy Fee—NC  
**Financial Securities Assurance, Inc.—NY**  
Mariko Fine-Lease—NY \*  
Sheri Folmsbee—NY \*  
Karen, Wallace and Brooke Foster—NY \*  
Kathleen Freeman—FL  
Joni Friedman and Andrew Torgove—NY \*  
Kathy and Willard Gamble—NY \*  
Cheryl Garno and Doug Potter—NY \*  
**General Electric Matching Gifts \***  
Terri Giglinto—NY \*  
Becca and Michael Gillett—NY  
Jim Glaser—NY  
Lynn Grivakes—NY \*  
Brenda Hayes—NY \*  
Wendy and Steven Hall—NY  
Irene Harbison—NY \*  
Barbara Harper-Hoffman—NY \*  
Karin Hess—VT  
Michele and Mark Hochhauser—CO \*  
Peter and Susan Howe—NY  
Susan Howe—CO \*  
David P. Hunt—NY  
Anne B. Hutchins—CT \*  
Frisky Irwin—NY \*  
Dick Johnson—NY \*  
Wendy and Larry Joy-Hayes—NY \*  
Jonathan Kaledin and Christine Horigan—NY \*  
David and Jane Kastan—NY \*  
Susan Kastan—TN \*  
Kristine and Michael Kaye—NY \*  
Peggy Kendler—CT \*  
Herbert Kimsey—MA \*  
George and Heidi King—NY  
Janet Knizak—NY  
Ed and Lois Konikowski—FL & NY \*  
Hilary Larosa—NY \*  
Ernie and Karen LaVine—NY \*  
Andrew and Susan Lee—NY \*  
Christine and Erik John Leerkes—NY  
Donna Lord—CT \*  
Gail Lounge—MA \*  
Doug and Sarah Luke—NY \*  
Gerald and Verna Lynn—NY \*  
Penelope and Dave Mace—NY \*  
Donald and Sally Mack—NY \*  
Kristina Macyowskie—NY \*  
Greg Mairs and Robert Perry—VT \*  
Nadine McLaughlin—NY \*  
*Graphics North—NY \**  
Pam McLoughlin—NY \*  
Jean and Terry McMahan—NY \*  
Michael McSweeney—NY \*  
Sally Morehouse—NY \*  
Julie Morrissey—NY  
Angela and Mark Motler— NY \*  
Eddie Mrozik and Nancy Van Wie—NY \*  
Debbie Mull—NY \*  
Sandy and Matt Murphy—NY \*  
Carin and Christopher Nardone—NY  
Tasha Neuroth—MA \*  
Peter and Patty Paine—NY \*  
Edward Parma—NY \*  
Diane Parry—NY  
Brian Payne—NY \*  
Pat and Sven Peterson—NY \*  
Anne and Roderick Phinney—NY \*  
Harry Pinand—NY \*  
*Morris Tool and Machine Company—NY \**  
Mary-Alice Pomputius and Walter Smith—WA \*  
Joann and Larry Post—NY \*  
Katherine Preston and John Bingham—NY \*  
Carl and Jean Preuss—CT \*  
Meredith Prime—NY \*  
Pumpkin Hill Foundation—OH \*  
Ronald Ranc—NY \*  
Mary Randall and Maryann Sauro—NY \*  
Linda Reece and William Clapp—NY  
Stacy Robinson—NY \*  
Rosina Rue—NJ \*  
Joan and Edward Sackman—NY \*  
Judy Schwarz—NY  
William Smith and Suzanne Benedict—NY \*  
Dr. Betty Spence—NY \*  
Janice and Joseph Strang—NY \*  
Pat and Patrick Sullivan—MA  
Carl and Susan Taylor—VT  
The Rivendell Foundation—NY  
Amy Tonsits—NY  
Nancy and Mike Tracy—NY \*  
Libby and Sandy Treadwell—NY \*  
David Van Wie and Cheryl Bascomb—ME  
May Vennard—NY  
**Verizon Foundation \***  
Benjamin Vincent—NY  
*High Peaks Family Chiropractic—NY*  
Jim and Ginger Visconti—FL \*  
Dayton and Sarah Wakefield—VT \*  
Charlene and Albert Wedwaldt—VT \*  
Charley and Carole West—NY \*  
Woody and Elise Widlund—NY \*  
Sarah and Richmond Wight—NJ \*  
Patricia Wilber—NY \*  
James and Barbara Wilson—NY \*  
Robert and Janice Wilson—NY \*  
Cindy and Bill Woodall—NJ  
Heather Zarcone—FL \*  
David and Katherine Zientko—NY \*

## GIFTS IN HONOR OF:

Buck (horse)  
Claudia Candido  
Dominic Eisinger  
Melissa Eisinger  
James Esper  
Deb Feeley  
Lynn Frawley's birthday  
Josie Hough  
Susan Howe  
Pelham Bay and Frances Eisinger  
Pat and Sven Peterson  
Rocky (horse)  
Jenna Stanley's birthday  
Nancy Van Wie's birthday  
Westport School 1st Grade Class

## GIFTS IN MEMORY OF:

Ramsey (horse)  
Doris Fee  
Ricky Harper  
Bernard Joseph Magill, Sr.  
Kathleen Roemischer  
C. Lawrence West

## WHERE OUR 2009 DONORS LIVE:

Colorado, Connecticut, Florida, Illinois, Maine, Massachusetts, Missouri, New Jersey, New York, North Carolina, Ohio, Tennessee, Texas, Vermont, Virginia, Washington, and Ontario, Canada

\* DONORS WHO'VE CONTRIBUTED ANNUALLY FOR 3 OR MORE YEARS

## PASSING THE TORCH... (CONT. FROM PAGE 2)

Since posting Katie's video on our website, we've received numerous e-mails in support of her work. Here are a few:

**FROM: Tracey & Gary (adopted Atticus)**

*Watched some of the video, but just couldn't force myself to watch the whole thing. God bless those girls for being stoic enough to be able to compile that video. It couldn't have been easy for them. If it was that hard to watch, I can't imagine how hard it was to create. Thank God so many young people are showing more initiative in righting the injustices done to ALL living things. Maybe there's hope for us as a species yet.*

*Please tell our young friends to keep up the good work and carry on. Someone's got to pick up the torch, and it sounds like you've been passing it to all of the right people. Thank you for making others more aware and opening their eyes.*

We must become the change we want to see.

*Mahatma Gandhi*



Deb and Tuffy (rescued from slaughter in summer 2004 with Popeye—adopted summer 2005).



Lookin' Good.

Katie and My Man Popeye in the show ring.

**FROM: Deb (adopted Tuffy)**

*Tears flowed worse this morning. Please let Katie and her friends know that all of us animal lovers out there say Thank You. I am going to put this link on my Facebook page...if you don't mind. All of my friends on Facebook know Tuffy's story and have been to your website. Maybe someone, in the friends of friends who look at this video, there will be someone with some clout, to help the cause.*

**FROM: Katie's mom:**

*I am loving every email that you have sent. I sent your communications to the teacher of Participation in Government. He is thrilled and of course so proud that his students can make a difference. Katie will take such joy and pride in the fact that Crane Mountain will benefit from this - if we collectively can just save one more horse...*

Do not go where the path may lead, go instead where there is no path and leave a trail.

*Ralph Waldo Emerson*

## ‘A YEAR AT THE RACES’

An excerpt from Pulitzer prize-winning author Jane Smiley’s book, [A Year at the Races](#)

Most horses pass from one human to another - some horsemen and women are patient and forgiving, others are rigorous and demanding, others are cruel, others are ignorant. Horses have to learn how to, at the minimum, walk, trot, canter, gallop, go on trails and maybe jump, to be treated by the vet, with sense and good manners. Talented thoroughbreds must learn how to win races, and if they can't do that, they must learn how to negotiate courses and jump over strange obstacles without touching them, or do complicated dance like movements or control cattle or accommodate severely handicapped children and adults in therapy stables.

Many horses learn all of these things in the course of a single lifetime. Besides this, they learn to understand and fit into the successive social systems of other horses they meet along the way. A horse’s life is rather like twenty years in foster care, in and out of prison, while at the same time changing schools over and over and discovering that not only do the other students already have their own social groups, but that what you learned at the old school hasn't much application at the new one.



Just Letitgo Louie—unraced thoroughbred  
adopted April 2010

We do not require as much of any other species, including humans. That horses frequently excel, that they exceed the expectations of their owners and trainers in such circumstances, is as much a testament to their intelligence and adaptability as to their relationship skills or their natural generosity or their inborn nature.

That they sometimes manifest the same symptoms as Romanian orphans - distress, strange behaviors, anger, fear - is less surprising than that they usually don't.

No one expects a child, or even a dog to develop its intellectual capacities living in a box 23 hours a day and then doing controlled exercises the remaining one. Mammal minds develop through social interaction and stimulation. A horse that seems stupid might just have not gotten the chance to learn!

There is just as much horse sense in the world as ever, but horses have most of it.

*unknown*



T-Bone and Scooter—rescued from slaughter, adopted  
July 2004 and November 2006, respectively

**CRANE MOUNTAIN  
VALLEY HORSE  
RESCUE, INC.**

7556 NYS Route 9N  
Westport, New York 12993

Phone: 518-962-8512  
Email: horses@cmvhr.org  
www.cmvhr.org



Gail Guenther

*“Crane Mountain  
Valley Horse Rescue,  
Inc. is dedicated to  
equine rescue and  
rehabilitation and to  
restoring horsemanship,  
the heritage and humane  
treatment of the horse.”*

**Contribute with Confidence**

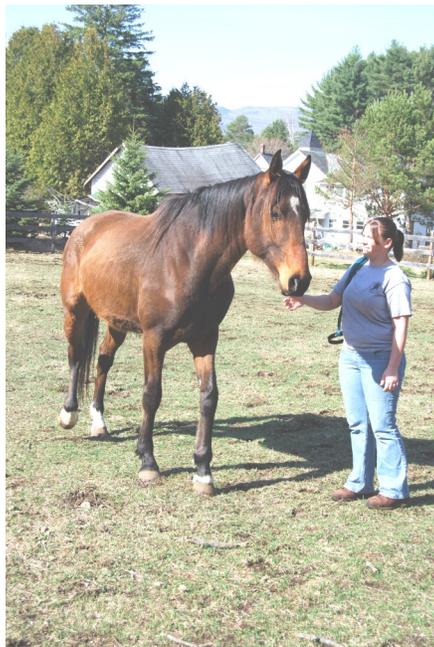
94 cents of your tax-deductible  
donation goes directly to the  
care of the animals

*A copy of the latest Financial  
Report and Registration filed by  
this organization may be  
obtained by contacting us at  
the above address and phone  
or by contacting the Office of  
the Attorney General,  
Department of Law, Charities  
Bureau, 120 Broadway, New  
York, NY 10271.*

**BOARD OF DIRECTORS**

Edward Mrozik, Jr.—President  
Nancy Van Wie—Vice President  
Susan Kastan—Secretary  
Kathy Hall—Trustee

## INSPIRATIONAL YOUNG PEOPLE



Just Letitgo Louie at his new home,  
with his new mom, Karleena

On Saturday mornings, we are blessed with the company of a 16 year old earning volunteer credit for school and planning how to earn his Eagle Scout badge at CMVHR, Inc. It's refreshing to spend time with such an intellectual young man, who enjoys being outdoors, doing good work, and staying drug and alcohol free.

Spring 2005, we had a similarly refreshing experience with a 10<sup>th</sup> grader who participated in a job shadowing program with us. She is graduating from SUNY Cobleskill this May with a degree in Equine Studies and a special concentration in therapeutic riding. She will launch her career post-grad, giving lessons and

helping children and adults through therapeutic riding with Just Letitgo Louie, a 6 year old unraced thoroughbred she recently adopted from us.

Summer 2003, a young woman from Massachusetts participated in a summer externship with us to earn course credit for application to college. She has since graduated from college, is working at Brigham and Women's Hospital in Massachusetts, and will start veterinary school this Fall.

Many people go through life never knowing the difference they've made in the life of another. We don't want to miss any opportunity to tell you about the difference your support makes in our lives, and the lives of others like these three inspirational young people. You and they have enriched our lives for the better. Thank you.

Dear Nancy and Eddie,

Please accept this small donation to help you continue the great work you are doing. It is always heartening to meet people that care enough about a cause to walk the walk. I can honestly say that I know what it is like to set a goal and work for it, but yours is not for monetary gain and this will always set you above the rest and beyond most rewards. Keep up the great work.

*The Sunoco Boys*