

# THE HORSE'S VOICE

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## WISH LIST

- Tack to sell in our consignment shop at Pleasant Valley Feeds in Elizabethtown, NY—proceeds benefit the rescue
- Rubber stall mats
- Mower attachment for John Deere tractor (35hp)
- Blue Seal grain (Trotter, Mare and Foal, Carb-Guard)
- Outside hay feeders
- Worming medicine (Ivermectin paste and Strongid daily feed-thru)
- Wood shavings for bedding
- Ask 3 friends to make donations to CMVHR

## LETTER FROM THE PRESIDENT

Welcome to the Spring/Summer 2008 issue of the *Horse's Voice*. Two recent events influence the contents of this edition; an invitation for Nancy and me to present at the 17th Annual Horse Symposium in Ballston Spa, NY, and the death of Eight Belles in the 134th running of the Kentucky Derby on May 3.

In March we were invited by the Cornell Cooperative Extension of Saratoga to present at the 17th Annual Horse Symposium. Our talk was entitled "A Healthy Dose of Reality." The subject was how we got started and what it really takes to run a rescue.

It is an honor to be touted as a "model rescue" organization and we were humbled to have packed the room. Since it was so well received, we'll share some of the highlights of our talk with you in the following pages.

In May, the tragic death of Eight Belles reminds us, as Barbaro did just last year,



*Band of Heroes aka "Beau": 14 months of rehabilitation for two bowed tendons, now a reserve champion western show horse and kindred spirit to his new mom and her young son.*

that we must take a moment to celebrate the unsung heroes of the racing world.

For every thoroughbred who becomes a sports icon like Eight Belles and Barbaro, there are tens of thousands of thoroughbreds who are bred to race every year and give their all, but don't become famous. They are no less important — they are the unsung heroes.

Throughout the pages of this issue, we will feature photos with captions of the thoroughbreds who came to CMVHR for a new life after racing, including Aspen and Aruba, both of whom have since passed over the rainbow bridge (see page 5).

The Spring/Summer issue is also when we salute our supporters. Our donors span 18 states and 2 countries. More than 60 percent of our 2007 supporters have been right here with us every step of the way, contributing each year — and some more than once a year! Also each year, new friends join our efforts. In 2007, we celebrate 79 new friends.

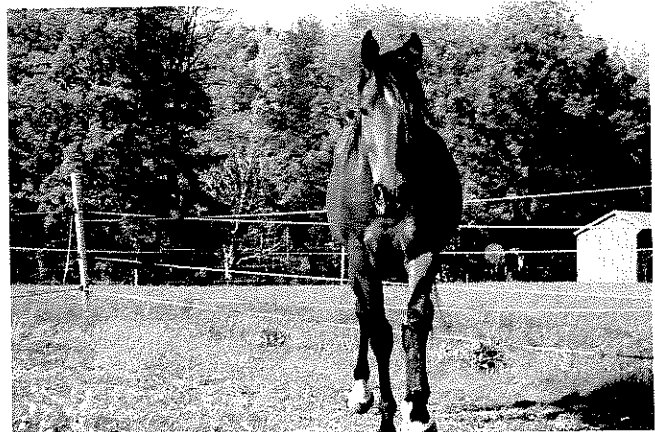
We hope you enjoy reading what your support makes possible. We couldn't do what we do without friends like you. Thank you.

*Eddie Mrozik*

## A HEALTHY DOSE OF REALITY

People call us all the time to ask for advice on what it takes to set up and run a rescue organization. In March, we spoke at the 17th Annual Horse Symposium in Ballston Spa, NY to answer these questions. Here are some of the highlights of the presentation, which was, in effect, a summary of the ways we translate your support into action.

The good stuff: Crane Mountain Valley Horse Rescue, Inc. is a volunteer-based, not-for-profit organization dedicated to equine rescue and rehabilitation and to restoring horsemanship, the heritage and humane treatment of the horse. We are proud to have received national recognition for our work, including feature articles in several prominent magazines: *Adirondack Life*, *NAFE* (a publication of the National Association of Female Executives), *EMMA Bulletin* (publication of Emma Willard School), and mention in Bill Heller's book *After the Finish Line: The Race to End Horse Slaughter In America*. We have a cherished collection of unpublished works written by children whose lives have been touched by our program and have received the Safety Award from the North American Horseman's Association every year since inception for practicing gentle handling of horses, adhering to farm rules, and teaching natural horsemanship principles that promote a partnership between horse and human. In September 2007, we received the Humanitarian Award at Emma Willard School's Distinguished Alumnae Ceremony, and most recently, we were nominated for a 2008 ASPCA award. We're still awaiting the results, but are honored just to have been nominated.



*Just Letitgo Louie aka "Louie": born 5/28/04. Because all thoroughbreds' birthdates for racing are Jan 1, Louie started racing at the age of 1 1/2, before his joints were fully developed, causing OCD lesions (torn cartilage) in his hocks. Louie was donated by his breeder to finish growing and find a new life outside of racing.*

The nitty gritty: To get started, we first needed approval by the American Society for the Prevention of Cruelty to Animals to serve as an animal welfare organization. Then came our incorporation in the state of New York, followed by application to and acceptance by the federal government as a 501(c)3 charitable organization, a public charity to which donations are tax-deductible to the fullest extent of the law. We take this very seriously and through our membership in the Association of Fundraising Professionals, we adhere to the code of ethics for integrity and accountability to our donors.

Reality check: Running a rescue is not an easy endeavor, but it is worth every minute. We volunteer our time to the rescue. We don't get paid. We don't make any money doing what we do. We work regular "day" jobs in addition to the rescue, which is purely a labor of love. We're on hand for the horses 365 days a year - rain, sleet, snow or shine. There are no holidays and no sick days for us. When folks are opening Christmas presents or lighting the Menorah, we are out caring for horses. If we are sick, there is no staying in bed—the horses need our care. We haven't taken a vacation in 8 years and dedicate all of our "spare" time to caring for the horses and operating the rescue.

*continued on page 4.....*

## WITH DEEPEST GRATITUDE TO OUR 2007 SUPPORTERS

Anonymous (2) - NY \*  
 Corinne Adams—NY \*  
 Doug and Maggie Alitz—NY \*  
 American Charities Bureau  
 Art and Beth Auch—CT  
 Karen Azer—NY \*  
 Gertrude Barrows—NY  
 Juliet and Tony Benaquisto—NY \*  
 Suzanne Benedict—NY \*  
 Jessie Benway—NY \*  
 Nicole Birkholzer—MA \*  
 Julie and Tom Bisselle—NY \*  
 Bill and Elsa Boyce—NY \*  
 John and Kathy Braico—NY \*  
 Richard and Christine Brewer —MO \*  
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 Bryant's Lumber—NY  
 Tim and Annette Burns—NY  
 Bruce and Karen Butters—NY  
 Jerry and Candi Cameron—NY \*  
 Sandra Carpenter—NY \*  
 Christine and Bill Casey—NY \*  
 Robert Chambers and Amity Worrell—NY  
 Diane and Brendan Collins—MA  
 June Compton—NY \*  
 Shari and Terry Chase—NY \*  
 Elise Ann Coren—FL \*  
 Dennis and Diane Corning—MA  
 Donald and Barbara Corning—MA  
 Christine Costa—NY \*  
*Dream Catcher Farms— NY \**  
 Lynn and John Costa—NY \*  
 Daniel and Jody Cracco—NY \*  
*Beacon Light Foundation \**  
 Alisann and Daniel Crough—OH  
 Francis Crowninshield—MA  
 David Curry—NY \*  
 J. Michael Darman—MA  
 Eleanor Darmon—MA  
 Carl Davis— NY \*  
 Caroline Decker—NY  
 Martha Deming—NY \*  
 Frank and Kathleen Depetrillo—RI \*  
 Beth Dixon—NY  
 Matht Donahue and Angela Price—NY \*  
 Joanne Donk and Allie Gordinier—NY  
 Diana Draheim—MA  
 Paul Duggan and Alice Fitch— VA \*  
 Lisa Ann and Jeffrey Duncan—FL \*  
 Melissa and Dominic Eisinger—NY \*  
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 Kathy Esper—MA  
 Rachael Falis—NY  
 Delia Fear—NY  
 Deb and John Feeley—NY \*  
 Carole Filomio—NY  
 Louis and Donna Fisher—NY  
 Sheri Folmsbee—NY  
 Karen, Wallace and Brooke Foster—NY \*  
 Cheryl Garno and Doug Potter—NY  
 Jillian Garone—NY  
 General Electric Matching Gifts \*  
 Rebecca and Michael Gillett—NY  
 Beverly and Alfred Giosi—NY  
 Jessica and Jim Gray—NY

Lynn Grivakes—NY \*  
 Sandy and Mike Hagler—NY  
 Liz Haigh and John Knoblock—UT \*  
 Irene Harbison—NY \*  
 Stu Harmon—NY \*  
 Barbara Harper-Hoffman—NY  
 Keith and Paula Harrison—MA \*  
 Keith and Debra Hayden—MA \*  
 Brenda Hayes—NY \*  
 Nancy Hayes—NY \*  
 Sandy and Ed Hayes—NY \*  
 Cindi and Chris Heidorf—NY \*  
 Tina and Kenny Helms—NY  
 Michele and Mark Hochhauser—CO \*  
 Dean and Tina Holbrook—NY \*  
 Honeybee Community Fund  
 Francis and Sharon Hurley—NY  
 Frisky Irwin—NY \*  
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 Jonathan Kaledin and Christine Horigan—NY  
 David and Jane Kastan—NY \*  
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 Peggy Kendler—CT \*  
 Herbert Kimsey—MA \*  
 Linus and Martha Klapproth—NY  
 Shirley Krasinski—MA  
 Richard and Brenda Kuzmiak—NY \*  
 Cecile Lackie—VA  
 Hilary Larosa—NY  
 Ernie and Karen LaVine—NY \*  
 Anthony and Mary LeBlanc—NY \*  
 Andrew and Susan Lee—NY  
 Gail Lounge—MA  
 Doug and Sarah Luke—NY \*  
 Lisa Luttinen—MN  
 Gerald and Verna Lynn—NY \*  
 Judy Lynn—NY  
 Penelope and Dave Mace—NY \*  
 Donald and Sally Mack—NY \*  
 Kristina Macyowskie—NY \*  
 Greg Mairs and Robert Perry—VT \*  
 Melissa Marks and family—MD \*  
 Nancy Marshall—MA  
 JoAnn and James McKinstry—NY \*  
 Nadine McLaughlin—NY \*  
*Graphics North—NY \**  
 Pam McLoughlin—NY  
 Jean and Terry McMahon—NY  
 Trudy McNeely—NY  
 Michael McSweeney—NY \*  
 Maria and John Melchiori— FL  
 Microsoft Matching Gifts Program  
 Middle Island Teacher's Association  
 Quinn Milby—GA  
 Jason and Nicole Miller—NY  
 Susan Mody—NY  
 Michelle Monti—MA  
 Sally Morehouse—NY \*  
 Helen and Donald Morgan—NY  
 Carrie Morrill-Cummins—NY  
 Eddie Mrozik and Nancy Van Wie—NY \*  
 Debbie Mull—NY \*

Jill Myers—NY  
 Angel Nichols—NY  
 Nicoll & MacChesney, Inc.—NY  
 David and Susan Onley— CT  
 Jeanie Orlandi—FL  
 Sandy Owen and Louis Polese—NY \*  
 Peter and Patty Paine—NY \*  
 Edward Parma—NY \*  
 Brian Payne—NY \*  
 Jay Perlman and Michele McMahon—VA \*  
 Pat and Sven Peterson—NY \*  
 Anne and Roderick Phinney—NY \*  
 Harry Pinand—NY \*  
*Morris Tool and Machine Company—NY \**  
 James and Tina Pine—NY \*  
 Timothy and Joanna Pine—NY \*  
 Deanna and Paul Pleasants—NY \*  
 DeJaneira, Tina and Wil Plumstead—NY \*  
 Mary-Alice Pomputius and Walter Smith—WA  
 Joann and Larry Post—NY \*  
 Katherine Preston and John Bingham —NY \*  
 Carl and Jean Preuss—CT \*  
 Ronald Ranc—NY \*  
 Mary Randall and Maryann Sauro—NY \*  
 Kathryn and William Reinhart—NY  
 Sarah Roschinsky—NY  
 Moreen and Randy Roy—NY  
 Gloria Rubendunst—RI \*  
 Joan and Edward Sackman—NY \*  
 Karin Sanborn and Donald Browne—MA  
 Wendy and David Savoie—VT \*  
 Mark and Elsa Schisler—NY \*  
 Laura Sells and John Doyle—NY  
 Debbie Shafarzek—NY \*  
 William Smith—NY \*  
 Martin and Bonni Smulison—NY  
 Dr. Betty Spence—NY \*  
 Suzann Stith—NY  
 Roland and Nina Stearns—FL \*  
 Jamie and Ben Strader—NY  
 Janie and Joseph Strang—NY \*  
 Barbara Sutton and Thomas Burke—FL \*  
 Susan and Carl Taylor—VT \*  
 Pam and Richard Templeton—ME \*  
 Roxanne Thomas—NM  
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 Verizon Foundation  
 Fred and Jean Vetter—NY \*  
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 Heather Zarcone—FL \*  
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\*DONORS WHO'VE CONTRIBUTED ANNUALLY 2-5 YEARS

## MORE DOSES OF REALITY...(CONTINUED FROM PAGE 2)

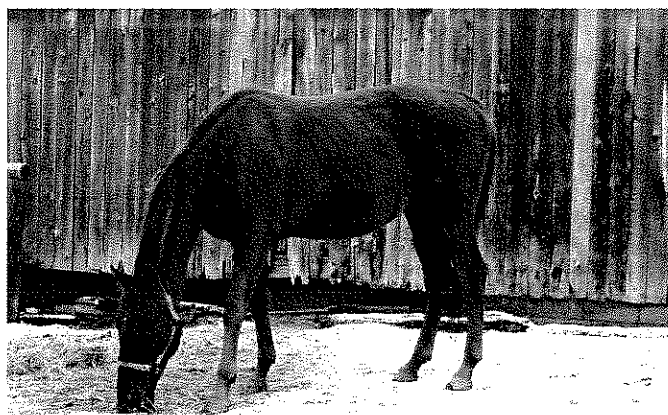
We have no paid staff. 99% of the time, it's just the two of us. There are some very dedicated folks who volunteer their time to help with horse care and events and we love them for it. They are incredibly selfless and generous friends. In the end, however, when it comes to running the rescue and caring for the horses, it's our responsibility.

To run a rescue, one has to be a vet, mechanic, carpenter, fundraiser, spokesperson, secretary, groom, trainer, and a wheelbarrow and pitchfork technician. It takes more than being a horse lover to get the job done. Because we own the farm and the equipment, write the newsletters, maintain the website, do all of the horse care, farm chores, maintenance, building and repairs, run the programs and volunteer our time, our administrative costs are less than 6% of our expenses, meaning that 94 cents of every dollar of your tax-deductible donation goes directly to the care of the horses. The rest goes to things like printing and mailing *The Horse's Voice*, our twice-annual newsletter. You can donate with confidence knowing your generosity goes directly to our mission.

We receive no state or federal funding. We receive no annual support from the ASPCA. Our collaboration with Red Road Farm in VT and their donation of Hita, our Colonial Spanish spokeshorse, is an alignment of mission to preserve the heritage of the horse and involves no sharing of funds. 94% of our contributions come from individuals, and the balance from adoption fees, foundations to which we submit proposals, merchandise sales, and events.

In 2002, when we were first getting started, we put up \$10,000 of our own personal financial resources. Some call that a leap of faith. We call it determination, a belief in our cause, and the start of something great. Because building credibility, recognition and a base of support takes time, the first few years were tough financially. We operated on a shoestring budget and worked 24/7 to build a website, present at events, talk to people, and build a list of friends and supporters — a list that is growing stronger by the day.

Every horse coming into the program is examined by a vet, x-rayed when necessary, brought up to date on vaccinations, and put on a regular worming, hoof and dental care schedule. We keep all of the horses on our farm. We do not place rescue horses in foster care, rather, we want to spend time living among them to know their personalities, in order to find just the right match in an adoptive permanent home.



Recover aka "Big Red": descendant of Man O' War, born at Clairborne Farms, rescued from slaughter, and adopted (photo taken on the day he arrived at CMVHR).

### GIFTS IN HONOR OF:

Anja's birthday  
Nicole Birkholzer  
Harlie Bolton  
Cody and Esprit (horses)  
Frances Eisinger  
James Esper  
Deb Feeley  
Mike Fierro  
Joyce Heckler  
Just Let-it-Go Louie  
Sally Morehouse  
Nappy  
Pat and Sven Peterson  
Merrill Pine  
Jim and Jeanne Pleasants  
DeDe Plumstead's birthday  
Remington

### GIFTS IN MEMORY OF:

Whitey and Bob Cannone  
Doris Fee  
Andy and Stella Haigh  
Mary Ann Harmon  
Paul Lovett, Son of Abbott  
(horseman extraordinaire)  
and Rosalie Lovett  
Moon (yellow lab)  
Samantha Perreault  
Pollyanna  
Kathleen Roemischer  
Star, Scout and Buck  
Michael W. Terrio

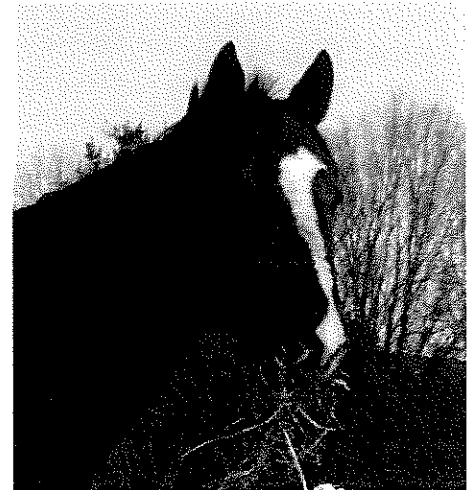
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## OVER THE RAINBOW BRIDGE

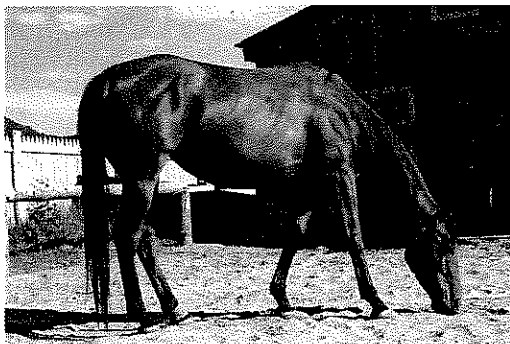
During our "Healthy Dose of Reality" presentation, we told folks of the saddest part of our work—losing the horses we fought hard to save and couldn't. One of the most difficult things a horse owner can face is the day when our treasured horse's life no longer has the quality he deserves, and we must make the decision whether to hold on or to let him go over the rainbow bridge.

We receive many calls and e-mails from horse owners who are facing that decision. Some are hoping that we will take their horse for him to end his days here on our farm. Others are simply seeking words of support to help make the decision that they know is right, but haven't quite come to peace with yet.

Here's a little piece we hope will comfort those who are at that bridge, or one day will be. First, know that we feel for the situation you are in and the very difficult decision you must make. Regretfully, we have been down that road too many times and know how painful it is. Sometimes for horses we had as partners for many, many years (one for 24 years). Other times, for horses whose lives we fought hard to save – the youngest was four and the oldest, fourteen. Knowing that they had all the things in life that they deserved helped to ease the sorrow of having to let them go when their quality of life had waned, and for some, even before their life had really begun.



*Northern Stage: rescued from slaughter, grandson of Secretariat and Northern Dancer, over the rainbow bridge at the age of 4 from surgical complication resulting from previous starvation.*



*Aruba: unraced, rescued from slaughter with untreated wire cut on back left leg, adopted, over the rainbow bridge in 2008 after her adoptive parents tried hard to save her once again from a tragic leg injury.*

If you are at that bridge in life with your beloved horse, the kindest and most humane thing you can do is to listen to your horse. You know him best, and with your intuition and bond with him, will know when that time has come. For those who are contemplating sending him to another place to die because you can't bear to see him go, remember that relocating him to a new home may be difficult for him to understand and will also add undue stress at a time that is critical for him. We have several right now with special needs to keep comfortable. They will live out their days here where they know the routine, know they are loved, and enjoy just being horses until they tell us they are ready to cross over the rainbow bridge. When the day comes for them, we will feel the same heartache you may be facing.

Your beloved horse is best with you, the one he knows, the one he trusts, the one he loves and in the place he calls home. It's the most difficult part of owning a horse, or any animal for that matter. Love him, as you have and as you do, and when the time comes, he'll let you know. When you do have to face that decision, know that you have been there for him every step of the way as his partner, for his time here on earth. He will know that you've been there for him all that time. He's one of the lucky ones. And when that time comes, know that our thoughts and hearts are with you.

**CRANE MOUNTAIN  
VALLEY HORSE  
RESCUE, INC.**

7556 NYS Route 9N  
Westport, New York 12993

Phone: 518-962-8512  
Email: horses@cmvhr.org  
www.cmvhr.org



*Gail Guenther*

*"Crane Mountain  
Valley Horse Rescue,  
Inc. is dedicated to  
equine rescue and  
rehabilitation and to  
restoring horsemanship,  
the heritage and humane  
treatment of the horse."*

**Contribute with Confidence**

94 cents of your tax-deductible  
donation goes directly to the  
care of the animals

A copy of the latest Financial  
Report and Registration filed by  
this organization may be  
obtained by contacting us at  
the above address and phone  
or by contacting the Office of  
the Attorney General,  
Department of Law, Charities  
Bureau, 120 Broadway, New  
York, NY 10271.

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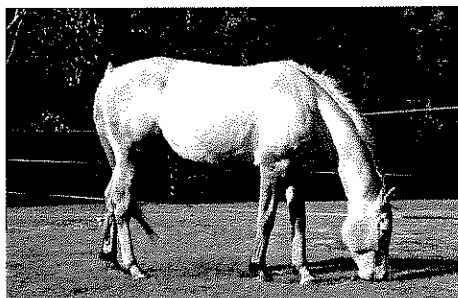
## REALITY CHECK FINALE

Our horses are handled every day and monitored for good health. We count their manure, check their legs daily, watch how they move, and drop everything when they need us. We've walked horses with tummy aches into the wee hours of the morning and have slept in stalls with them in sub-zero temperatures to change intravenous bags. Operating a rescue is not for the faint of heart. It takes commitment, dedication, and sacrifice.

We disclose all medical records to prospective adopters, and will tell you when the horses eat, nap and poop. We hide nothing. This is part of our reputation and our success. One of the hardest things to do, after healing, helping and loving the horses like our own children is letting them go. Our goal is not to place horses fast, but to place them in the right home — to set them up for success. Sometimes horses are with us for months, sometimes years. We're in no hurry. We'll wait. Our commitment is to the horses.

Crane Mountain Valley Horse Rescue, Inc. is celebrating our sixth year. We are guided by a spiritual and moral compass to make this world a better place. Every day we put forth our all with conviction, compassion and dedication. Our loyal supporters are our driving force. You inspire us. You give us courage, strength, and the wherewithal that makes our work possible. Our success belongs to you. If you are not currently a supporter, won't you join us in our efforts? ***By saving the life of one horse, we may not be changing the world, but we are changing the world for that one horse.***

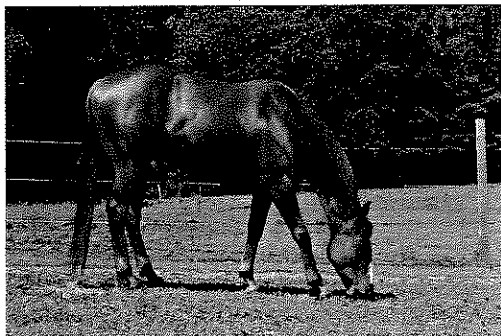
## MORE CMVHR UNSUNG HEROES



*Daybreak Edition: unraced, donated by  
breeder to finish growing, adopted.*



*Triple Saucy: raced and used as a brood-  
mare, rescued from slaughter at the age of  
15, adopted with Aruba.*



*DeCaballero aka "Cabbie": would rather  
chase horses around the track than be in  
front, retired before career began, adopted.*



*Court-A-Zone aka "Willie": rehabilitated  
from sesmoid fracture, adopted.*