

# THE HORSE'S VOICE

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### WISH LIST

- Tack to sell in our consignment shop at Pleasant Valley Feeds in Elizabethtown, NY—proceeds benefit the rescue
- Stall mats
- Mower attachment for John Deere tractor (35hp)
- Blue Seal grain (Trotter, Mare and Foal, Carb-Guard)
- Outside hay feeders
- Worming medicine (Ivermectin paste and Strongid daily feed-thru)
- Wood shavings for bedding
- Ask 3 friends to make donations to CMVHR

## LETTER FROM THE PRESIDENT

In March, we were invited by the Cornell Cooperative Extension (CCE) of Saratoga to be presenters at the 17th Annual Horse Symposium in Ballston Spa, NY. Our talk was entitled "A Healthy Dose of Reality". The subject was how we got started and what it really takes to run a rescue.

It is an honor to be touted as a "model rescue" and we were humbled to have packed the room. Since it was so well received, we'll share some of the highlights with you in the following pages.

Folks who are thinking about starting a rescue call us to ask for guidance and advice about the start-up process, costs and level of involvement it takes. We commend anyone who truly wants to help save horses and are happy to assist when we can.

Horse rescues are springing up all over the place. Many are legitimate, but some are not, and some are not recognized by the

federal government as 501(c)3 charitable organizations, which means your donation is tax-deductible.

We have seen so many people with the best of intentions try to start a rescue and quickly get in over their heads. We've had two rescues in the past year ask us to help them place over 35 of their rescued horses, combined. Sadly, both had to close their doors because they didn't understand the time or financial commitment it takes to run a rescue. They ran out of steam and they ran out of money.

Operating a rescue is not for the faint of heart. It takes commitment, dedication, and sacrifice. In the following pages we share a primer about who we are, what it took to get started, and some of the "realities" we face — joy, disappointment, and heartache among them.

Through it all, we are proud of our work to save horses and help people. It's a privilege and an

honor to work on the behalf our loyal supporters to fulfill your philanthropic vision, and our mission, to make this world a better place.

We salute our 2007 supporters on page 3.

Our donors span 18 states across the country. More than 60 percent of our 2007 supporters have been right here with us every step of the way, contributing each year — and some more than once a year! The reason it's not 100%, is that each year, new friends join our efforts. This year, 79 new friends joined our team.

We couldn't do what we do without you. We don't say that lightly, but from the bottom of our hearts and on behalf of the lives your support — *equine and human* — has touched, and will continue to touch in years ahead. Thank you beyond words.

*Eddie Mrozik*

## HEALTHY DOSE OF REALITY

The good stuff: Crane Mountain Valley Horse Rescue, Inc. is a volunteer-based, not-for-profit organization dedicated to equine rescue and rehabilitation and to restoring horsemanship, the heritage and humane treatment of the horse. We are proud to have received national recognition for our work, including feature articles in several prominent magazines: *Adirondack Life*, *NAFE* (a publication of the National Association of Female Executives), *EMMA Bulletin* (publication of Emma Willard School), and mention in Bill Heller's book *After the Finish Line: The Race to End Horse Slaughter In America*. We have a cherished collection of unpublished works written by children whose lives have been touched by our work and have received the Safety Award from the North American Horseman's Association every year since inception for practicing gentle handling, adhering to farm rules, and teaching natural horsemanship principles that promote safety for horse and human. This spring, we were nominated for an ASPCA award. **We salute our loyal supporters who make it all possible.** It's not an easy endeavor, but it's worthy every minute. We hope you are as proud of our accomplishments as we are appreciative of your support. If you are not currently a supporter, won't you join us in our efforts? ***By saving the life of one horse, we may not be changing the world, but we are changing the world for that one horse.***

The nitty gritty: To get started, we first needed approval by the American Society for the Prevention of Cruelty to Animals to serve as an animal welfare organization. Then came our incorporation in the state of New York, followed by application to and acceptance by the federal government as a 501(c)3 charitable organization, a public charity to which donations are tax-deductible to the fullest extent of the law. We take this very seriously and through our membership in the Association of Fundraising Professionals, we adhere to the code of ethics for integrity and accountability to our donors.

Reality check: We volunteer our time to the rescue. We don't get paid. We don't make any money doing what we do. We work regular "day" jobs in addition to the rescue, which is purely a labor of love. We're on hand for the horses 365 days a year - rain, sleet, snow or shine. There are no holidays and no sick days for us. When folks are opening Christmas presents or lighting the Menorah, we are out caring for horses. If we are sick, there is no staying in bed—the horses need our care. We haven't taken a vacation in 8 years and dedicate all of our "spare" time to caring for the horses and operating the rescue.

We have no paid staff. 99% of the time, it's just the two of us. We have some very dedicated folks who volunteer their time to help us with horse care and events throughout the year, and we love them for it. They are incredibly self-less and generous friends. In general, however, when it comes to running the rescue and caring for the horses, in the end, it's our responsibility.

To run a rescue, you have to be a vet, mechanic, carpenter, fundraiser, spokesperson, secretary, marketing and communications person, groom, trainer, and a wheelbarrow and pitchfork technician. It takes more than being a horse lover to get the job done. Because we own the farm, the equipment, write the newsletters, maintain our website, do all of the horse care, farm chores, maintenance, building and repairs, run the programs and volunteer all of our time, our administrative costs are less than 6% of our expenses, meaning that 94 cents of every dollar of every tax-deductible donation goes directly to the care of the horses. The rest goes to things like printing and mailing *The Horse's Voice*, our twice-annual newsletter. You can donate with confidence knowing your generosity goes directly to our mission.

*continued on page 4.....*

## WITH DEEPEST GRATITUDE TO OUR 2007 SUPPORTERS

Anonymous (2) - NY \*  
 Corinne Adams—NY \*  
 Doug and Maggie Alitz—NY \*  
 American Charities Bureau  
 Art and Beth Auch—CT  
 Karen Azer—NY \*  
 Gertrude Barrows—NY  
 Juliet and Tony Benaquisto—NY \*  
 Suzanne Benedict—NY \*  
 Jessie Benway—NY \*  
 Nicole Birkholzer—MA \*  
 Julie and Tom Bisselle—NY \*  
 Bill and Elsa Boyce—NY \*  
 John and Kathy Braico—NY \*  
 Richard and Christine Brewer —MO \*  
 Karen and Richard Brinkmann—NY \*  
 Bryant's Lumber—NY  
 Tim and Annette Burns—NY  
 Bruce and Karen Butters—NY  
 Jerry and Candi Cameron—NY \*  
 Sandra Carpenter—NY \*  
 Christine and Bill Casey—NY \*  
 Robert Chambers and Amity Worrell—NY  
 Diane and Brendan Collins—MA  
 June Compton—NY \*  
 Shari and Terry Chase—NY \*  
 Elise Ann Coren—FL \*  
 Dennis and Diane Corning—MA  
 Donald and Barbara Corning—MA  
 Christine Costa—NY \*  
*Dream Catcher Farms*— NY \*  
 Lynn and John Costa—NY \*  
 Daniel and Jody Cracco—NY \*  
*Beacon Light Foundation* \*  
 Alisann and Daniel Crough—OH  
 Francis Crowninshield—MA  
 David Curry—NY \*  
 J. Michael Darman—MA  
 Eleanor Darmon—MA  
 Carl Davis— NY \*  
 Caroline Decker—NY  
 Martha Deming—NY \*  
 Frank and Kathleen Depetrillo—RI \*  
 Beth Dixon—NY  
 Matth Donahue and Angela Price—NY \*  
 Joanne Donk and Ailie Gordinier—NY  
 Diana Draheim—MA  
 Paul Duggan and Alice Fitch— VA \*  
 Lisa Ann and Jeffrey Duncan—FL \*  
 Melissa and Dominic Eisinger—NY \*  
 Mr. and Mrs. Elliott OH  
 Kathy Esper—MA  
 Rachael Falis—NY  
 Delia Fear—NY  
 Deb and John Feeley—NY \*  
 Carole Filomio—NY  
 Louis and Donna Fisher—NY  
 Sheri Folmsbee—NY  
 Karen, Wallace and Brooke Foster—NY \*  
 Cheryl Garno and Doug Potter—NY  
 Jillian Garone—NY  
 General Electric Matching Gifts \*  
 Rebecca and Michael Gillett—NY  
 Beverly and Alfred Giosi—NY  
 Jessica and Jim Gray—NY  
 Lynn Grivakes—NY \*  
 Sandy and Mike Hagler—NY  
 Liz Haigh and John Knoblock—UT \*  
 Irene Harbison—NY \*  
 Stu Harmon—NY \*  
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 Keith and Debra Hayden—MA \*  
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 Nancy Hayes—NY \*  
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 Jonathan Kaledin and Christine Horigan—NY  
 David and Jane Kastan—NY \*  
 Susan Kastan and Reeves Gabrels—TN \*  
 Kristine and Michael Kaye—NY \*  
 Peggy Kendler—CT \*  
 Herbert Kimsey—MA \*  
 Linus and Martha Klapproth—NY  
 Shirley Krasinski—MA  
 Richard and Brenda Kuzmiak—NY \*  
 Cecile Lackie—VA  
 Hilary Larosa—NY  
 Ernie and Karen LaVine—NY \*  
 Anthony and Mary LeBlanc—NY \*  
 Andrew and Susan Lee—NY  
 Gail Lounge—MA  
 Doug and Sarah Luke—NY \*  
 Lisa Luttinen—MN  
 Gerald and Verna Lynn—NY \*  
 Judy Lynn—NY  
 Penelope and Dave Mace—NY \*  
 Donald and Sally Mack—NY \*  
 Kristina Macyowskie—NY \*  
 Greg Mairs and Robert Perry—VT \*  
 Melissa Marks and family—MD \*  
 Nancy Marshall—MA  
 JoAnn and James McKinstry—NY \*  
 Nadine McLaughlin—NY \*  
*Graphics North*—NY \*  
 Pam McLoughlin—NY  
 Jean and Terry McMahan—NY  
 Trudy McNeely—NY  
 Michael McSweeney—NY \*  
 Maria and John Melchiori— FL  
 Microsoft Matching Gifts Program  
 Middle Island Teacher's Association  
 Quinn Milby—GA  
 Jason and Nicole Miller—NY  
 Susan Mody—NY  
 Michelle Monti—MA  
 Sally Morehouse—NY \*  
 Helen and Donald Morgan—NY  
 Carrie Morrill-Cummins—NY  
 Eddie Mrozik and Nancy Van Wie—NY \*  
 Debbie Mull—NY \*  
 Jill Myers—NY  
 Angel Nichols—NY  
 Nicoll & MacChesney, Inc.—NY  
 David and Susan Onley— CT  
 Jeanie Orlandi—FL  
 Sandy Owen and Louis Polese—NY \*  
 Peter and Patty Paine—NY \*  
 Edward Parma—NY \*  
 Brian Payne—NY \*  
 Jay Perlman and Michele McMahon—VA \*  
 Pat and Sven Peterson—NY \*  
 Anne and Roderick Phinney—NY \*  
 Harry Pinand—NY \*  
*Morris Tool and Machine Company*—NY \*  
 James and Tina Pine—NY \*  
 Timothy and Joanna Pine—NY \*  
 Deanna and Paul Pleasants—NY \*  
 DeJaneira, Tina and Wil Plumstead—NY \*  
 Mary-Alice Pomputius and Walter Smith—WA  
 Joann and Larry Post—NY \*  
 Katherine Preston and John Bingham —NY \*  
 Carl and Jean Preuss—CT \*  
 Ronald Ranc—NY \*  
 Mary Randall and Maryann Sauro—NY \*  
 Kathryn and William Reinhart—NY  
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 Gloria Rubendunst—RI \*  
 Joan and Edward Sackman—NY \*  
 Karin Sanborn and Donald Browne—MA  
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 Debbie Shafarzek—NY \*  
 William Smith—NY \*  
 Martin and Bonni Smulison—NY  
 Dr. Betty Spence—NY \*  
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 Janie and Joseph Strang—NY \*  
 Barbara Sutton and Thomas Burke—FL \*  
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 Nancy Tracy—NY \*  
 Libby and Sandy Treadwell—NY \*  
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 Fred and Jean Vetter—NY \*  
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 Ron and Dorene Vitullo—NY  
 Charlie and Carole West—NY \*  
 Lisa White—NY  
 Woody and Elise Widlund—NY  
 Barbara Widman—NY  
 Sarah and Richmond Wight—NJ \*  
 Patricia Wilber—NY \*  
 Aline Wilson—CA \*  
 James and Barbara Wilson—NY \*  
 Kristy Wilson and Tom Farquhar—NY \*  
 Michelene and Win Wilson—NY \*  
 Robert and Janice Wilson—NY \*  
 Gale Wolfe—NY  
 Heather Zarcone—FL \*  
 David and Katherine Zientko—NY

\*DONORS WHO'VE CONTRIBUTED ANNUALLY 2-5 YEARS

## MORE DOSES OF REALITY... (CONTINUED FROM PAGE 2)

We receive no state or federal funding. We receive no annual support from the ASPCA. Our collaboration with Red Road Farm in Vermont and their donation of Hita, our Colonial Spanish spookhorse, is an alignment of mission to preserve the heritage of the horse and involves no sharing of funds. 94% of our contributions come from individuals, and the balance from adoption fees, foundations to whom we submit proposals, merchandise sales, and events.

In 2002, when we were first getting started, we put up \$10,000 of our own personal financial resources. Some call that a leap of faith. We call it determination, a belief in our cause, and the start of something great. Because building credibility, recognition and a base of support takes time, the first few years were tough financially. We operated on a shoestring budget and worked 24/7 to build a website, present at events, talk to people, and build a list of friends and supporters — which is growing stronger by the day.

Every horse coming into the program is examined by a vet, x-rayed when necessary, brought up to date on vaccinations, and put on a regular worming, hoof and dental care schedule. We keep all of the horses on our farm. We do not foster horses because in order to find the right homes for them, we want to spend the time living among them to get to know their personalities to find just the right match in an adoptive parent. Our horses are handled every day and monitored for good health. We count their manure, check their legs daily, watch how they move, and drop everything when they need us. We've walked horses with tummy aches into the wee hours of the morning and have slept in stalls with them in sub-zero temperatures to change IVs.

We disclose all medical information of the horses to prospective adopters, and will tell you when they eat, nap and poop. We hide nothing. This is part of our reputation and our success. One of the hardest things to do, after healing, helping and loving the horses like our own children is letting them go. Our goal is not to place horses fast, but to place them in the right home — to set them up for success. Sometimes horses are with us for months, sometimes years. We're in no hurry. We'll wait. Our commitment is to the horses.

Crane Mountain Valley Horse Rescue, Inc. is celebrating our sixth year. We are guided by a spiritual and moral compass to make this world a better place. Every day we put forth our all with conviction, compassion and dedication. Our loyal supporters are a driving force. You inspire us. You give us courage, strength, and the wherewithal that makes our work possible. Our success belongs to you.



Two Socks and Poesy enjoy early Spring grass.

### GIFTS IN HONOR OF:

Anja's birthday  
 Nicole Birkholzer  
 Harlie Bolton  
 Cody and Esprit (horses)  
 Frances Eisinger  
 James Esper  
 Deb Feeley  
 Mike Fierro  
 Joyce Heckler  
 Just Let-it-Go Louie  
 Sally Morehouse  
 Nappy  
 Pat and Sven Peterson  
 Merrill Pine  
 Jim and Jeanne Pleasants  
 DeDe Plumstead's birthday  
 Remington  
 Tom and Anna Sobolewski  
 Dear brave, Tom  
 Michelene Wilson

### GIFTS IN MEMORY OF:

Whitey and Bob Cannone  
 Doris Fee  
 Andy and Stella Haigh  
 Mary Ann Harmon  
 Paul Lovett, Son of Abbott  
 (horseman extraordinaire)  
 and Rosalie Lovett  
 Moon (yellow lab)  
 Samantha Perreault  
 Pollyanna  
 Kathleen Roemischer  
 Star, Scout and Buck  
 Michael W. Terrio

## OVER THE RAINBOW BRIDGE

During our “Healthy Dose of Reality” presentation, we told folks of the saddest part of our work—losing the horses we fought hard to save and couldn’t.

One of the most difficult things a horse owner can face is the day when our treasured horse’s life is no longer the quality he deserves, and we must make the decision whether or not to hold on or to let him go over the rainbow bridge.

We receive many calls and e-mails from horse owners who are facing that choice. Sometimes they are hoping that we will take their horse for him to end his days here on our farm. Others are simply seeking words of wisdom or support to help make the decision that he or she knows is right, but hasn’t quite come to peace with it yet.



Rainbow over Crane Mountain Valley Horse Rescue, Inc.

Here’s a little piece we hope will comfort those who are at that bridge, or one day will be. First, know that we feel for the situation you are in and the very difficult decision you must make. Regretfully, we have been down that road too many times and know how painful it is. Sometimes for horses we had as partners for many, many years (one for 24 years). Other times, for horses whose lives we fought hard to save – the youngest was four and the oldest, fourteen. Knowing that they had all the things in life that they deserved helped to ease the sorrow of having to let them go when their quality of life had waned, and for some, even before their life had really begun.

If you are at that bridge in life with your beloved horse, the kindest and most humane thing you can do is to listen to your horse. You know him best, and with your intuition and bond with him, will know when that time has come. For those who are contemplating sending him to another place to die because you can’t bear to see him go, remember that relocating him to a new home may be difficult for him to understand and will also add undue stress in a time that is critical for him. We have several right now with special needs in order to keep them comfortable and their quality of life as they deserve. They will live out their days here where they know the routine, know they are loved, and enjoy just being horses until they tell us they are ready to cross over the rainbow bridge. When the day comes for them, we will feel the same heartache you may be facing.

Your beloved horse is best with you, the one he knows, the one he trusts, the one he loves and in the place he calls home. It’s the most difficult part of owning a horse, or any animal for that matter. Love him, as you have and as you do, and when the time comes, he’ll let you know. And when you do have to face that decision, know that you have been there for him every step of the way as his partner, for his time here on earth. And he will know that you’ve been there for him all that time. He’s one of the lucky ones. And when that time comes, know that our thoughts and hearts are with you.

# UNSUNG HEROES

**CRANE MOUNTAIN  
VALLEY HORSE  
RESCUE, INC.**

**7556 NYS Route 9N  
Westport, New York 12993**

**Phone: 518-962-8512  
Email: horses@cmvhr.org  
www.cmvhr.org**



*Gail Guenther*

*“Crane Mountain Valley Horse Rescue, Inc. is dedicated to equine rescue and rehabilitation and to restoring horsemanship, the heritage and humane treatment of the horse.”*

**Contribute with Confidence**

94 cents of your tax-deductible donation goes directly to the care of the animals

*A copy of the latest Financial Report and Registration filed by this organization may be obtained by contacting us at the above address and phone or by contacting the Office of the Attorney General, Department of Law, Charities Bureau, 120 Broadway, New York, NY 10271.*

**BOARD OF DIRECTORS**

Edward Mrozik, Jr.—President  
Nancy Van Wie—Vice President  
Susan Kastan—Secretary  
Kathy Hall—Trustee

The tragic death of Eight Belles on May 3, 2008 during the 134th running of the Kentucky Derby, reminds us once again, as Barbaro did just last year, that we must take a moment to celebrate the unsung heroes of the racing world. For every one that becomes a sports icon, there are tens of thousands of thoroughbreds who are bred to race and give their all just like these heroes did, but don't become famous. They are no less important — they are unsung heroes. Here's a snapshot of CMVHR's thoroughbred heroes.



**Band of Heroes:** donated by breeder to rehab from two bowed tendons—adopted—reserve champion western



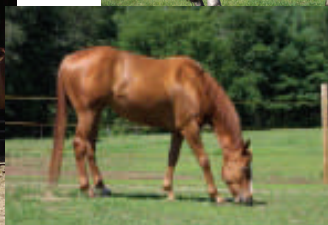
**Triple Saucy:** raced and used as a broodmare—rescued from slaughter at the age of 15—adopted with Aruba.



**Daybreak Edition:** unraced—donated by breeder to finish



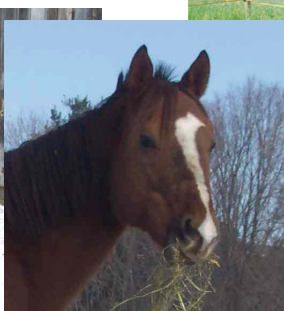
**Aruba:** unraced—rescued from slaughter with untreated wire cut on back left leg—adopted—over the rainbow bridge in 2008—her new parents fought so hard to save her again.



**Just Let It Go Louie** (above—waiting for new home) and **DeCabella** (insert—adopted)—unraced brothers—donated by breeder—Louie to finish growing and Cabbie to have something he'd enjoy more than racing—he hated it.



**Recover:** aka Big Red—descendant of Man O' War—born at Clairborne Farms—rescued from slaughter—adopted (photo from arrival).



**Northern Stage:** rescued from slaughter—grandson of Secretariat and Northern Dancer—over the rainbow bridge at the age of 4 from surgical complication resulting from previous starvation

**FAR RIGHT:** Willie Mayes—donated by breeder with sesmoid fracture—adopted

